

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

## Event 1 Men 200 Yard Medley Relay

43AWest15: 1:38.82 ! 2/14/2015

Richard Montgomery High School

B Edskes, P Wang, G Walker, K Afolabi-Brown

Team	Relay	Seed Time	Finals Time	Points
1 Richard Montgomery High Schoc		1:34.34	1:37.84!	40
1) Nguyen, Matt JR	2) Afolabi-Brown, Kenny JR	3) Edskes, Bouke SR	4) Afolabi-Brown, Greg JR	
24.81 27.15 23.00	22.88			
2 Bethesda - CC		1:37.69	1:41.26	34
1) Fischer, Fielding S JR	2) Jalali, Kayvan JR	3) Suarez Touzon, Diego JR	4) Teri, Colton L SR	
25.71 29.21 23.77	22.57			
3 Clarksburg High School		1:38.35	1:41.41	32
1) Wong, Michael K JR	2) Qian, Robert J JR	3) Chuang, Matthew P SR	4) Halem, Jacob D JR	
25.07 28.57 25.97	21.80			
4 Walter Johnson High School		1:39.06	1:41.81	30
1) Horikawa, Nozomi F SR	2) Sorensen, Jacob L SO	3) VanWagener, Tyler H JR	4) Ellett, Timmy S FR	
25.22 30.40 24.30	21.89			
5 Wootton High School		1:40.12	1:41.83	28
1) Chen, Daniel JR	2) Shen, William JR	3) Treichel, Karl SR	4) Lazar, Aaron FR	
25.67 29.87 25.07	21.22			
6 Northwest High School		1:38.86	1:41.95	26
1) Adelman, Mac P JR	2) Fitzwilliam, Nick S JR	3) Garvey, Noah J SO	4) Tat, Kevin M JR	
25.74 28.42 24.99	22.80			
7 Quince Orchard High School		1:40.66	1:42.01	24
1) Lindner, Jacob FR	2) Fouts, Eli SO	3) Morales, Diego FR	4) Wilcox, Cameron SR	
26.55 26.84 25.64	22.98			
8 Walt Whitman High School		1:39.46	1:42.32	22
1) Calder, Danny FR	2) Vissering, Alex SR	3) Paulos, Zach JR	4) Heller, Stefan SO	
26.50 27.19 24.78	23.85			
9 Winston Churchill High School		1:39.78	1:43.01	18
1) Wijesekera, Sanjay N SO	2) Youssefiani, Dariush R SR	3) Tiberino, Matthew J JR	4) Sun, Lucky M SR	
25.85 29.72 24.68	22.76			
10 Gaithersburg High School		1:40.40	1:52.61	14
1) Landry, Mathieu SO	2) Frohman, Matthew JR	3) Clagett, Kendric JR	4) Creamer, Jack JR	
30.62 29.59 27.59	24.81			
11 Watkins Mill High School		1:53.38	1:52.94	12
1) Orban, Peter SR	2) Soghomonian, Chase SO	3) Hase, Matthew FR	4) Michael, Nahom SR	
27.12 32.30 29.03	24.49			
12 Einstein High School		1:52.25	1:53.77	10
1) Martinez, Kenny B SO	2) Gonzalez, Gus J JR	3) Niemczuk, Ryan R FR	4) Simpson, Ben FR	
28.57 30.44 29.13	25.63			
--- Northwood High School		2:01.40	DQ	
1) Gunnison, Ryan JR	2) Friedman, Sam SR	3) Rice, Raymond SR	4) O'Neill, Michael SR	
34.22 39.05 24.46	27.27			

## Event 2 Women 200 Yard Medley Relay

43AWest15: 1:51.74 ! 2/18/2012

Wootton High School

K Li, J Chen, S Sun, E Zhang

Team	Relay	Seed Time	Finals Time	Points
1 Winston Churchill High School		1:45.80	1:50.98!	40
1) Lindsey, Hannah M SR	2) Bandak, Hanan E JR	3) Wang, Emily T JR	4) Wright, Katie Q SR	
26.74 32.27 26.01	25.96			
2 Walter Johnson High School		1:49.96	1:53.88	34
1) Bonetta-Misteli, Kiki SO	2) Piepol, Ashley M JR	3) Wolfson, Margaret J JR	4) Lopez, Nicole E SO	
29.06 31.34 27.51	25.97			

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 2 Women 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Bethesda - CC		1:48.67	1:54.63	32
1) Smith, Katie M JR	2) Meisel, Gabrielle S FR	3) McGrath, Olivia B JR	4) Karson, Caroline H SO	
28.73 33.29 26.72	25.89			
4 Northwest High School		1:47.35	1:54.79	30
1) Brown, Anna M JR	2) Yegher, Jaycee M JR	3) Gribble, Dylan R JR	4) Knapp, Sydney e JR	
30.48 31.82 28.16	24.33			
5 Walt Whitman High School		1:50.40	1:56.81	28
1) Rhodes, Caroline JR	2) Rosen, Joelle JR	3) Reilly, Sophie FR	4) Williams, Avery JR	
29.20 1:02.17 25.48				
6 Wootton High School		1:51.54	1:59.23	26
1) Zhang, Rita FR	2) Zhao, Cece FR	3) Gibson, Claudia C SR	4) Zhang, Lynn SR	
39.49 25.34 29.32	25.08			
7 Quince Orchard High School		1:54.81	1:59.34	24
1) Harnois, Hannah FR	2) Murayama, Amanda SO	3) Zarchin, Maddy JR	4) Mann, Emily FR	
31.68 35.19 26.92	25.55			
8 Richard Montgomery High School		1:54.55	2:00.61	22
1) Kent, Helen M SR	2) Zhou, Lauren FR	3) Zhang, Kellie JR	4) El-Masry, Sophie SR	
30.66 34.99 27.97	26.99			
9 Gaithersburg High School		1:58.66	2:03.45	18
1) Lattner, Alexandra SO	2) Landry, Jacqueline SR	3) Giron, Meghan SR	4) Crocker, Katie SO	
33.56 35.53 28.50	25.86			
10 Clarksburg High School		2:02.86	2:03.48	14
1) Kapoor, Manisha N FR	2) Ziegler, Rachel M SR	3) Elliott, Grace M SO	4) McGrath, Emma H FR	
31.20 36.24 28.72	27.32			
11 Einstein High School		2:04.58	2:07.07	12
1) Jamero, Samantha A JR	2) Fulton, Kate SR	3) Anderson, Gail F SR	4) Tkach, Milla SR	
32.65 1:34.42				
12 Watkins Mill High School		2:09.50	2:08.09	10
1) Aguilar, Madison FR	2) Tsarni, Naina SO	3) Tsarni, Khava FR	4) Allen, Mackenzie JR	
36.35 33.38 30.01	28.35			

**Event 3 Men 200 Yard Freestyle**

43A West 15: 1:44.63 ! 2/14/2015				Mike Sullivan		Whitman		
Name	Yr	School	Seed Time	Finals Time	Points			
1 Kim, Abe D	JR	Walter Johnson High School	1:42.40	1:45.73	20			
24.78 27.37 26.62	26.96							
2 Suarez Touzon, Diego	JR	Bethesda - CC	1:44.65	1:47.93	17			
25.44 27.48 27.66	27.35							
3 Einhorn, Zachary O	JR	Winston Churchill High School	1:43.18	1:48.02	16			
25.61 27.49 27.60	27.32							
4 Rothstein, Andy B	JR	Winston Churchill High School	1:46.79	1:48.26	15			
25.90 27.88 27.13	27.35							
5 Din, Connor	FR	Richard Montgomery High School	1:45.59	1:49.10	14			
26.35 27.47 28.15	27.13							
6 Clado, John	FR	Richard Montgomery High School	1:47.16	1:49.24	13			
25.90 28.31 28.11	26.92							
7 Lu, Eric	SO	Wootton High School	1:47.55	1:49.97	12			
26.45 28.65 27.84	27.03							
8 Su, Jeffrey	JR	Walt Whitman High School	1:48.53	1:50.47	11			
25.77 28.23 28.66	27.81							
9 Crane, Duncan R	SO	Bethesda - CC	1:47.63	1:50.61	9			
25.83 28.00 28.78	28.00							

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 3 Men 200 Yard Freestyle)**

	Name			Yr	School	Seed Time	Finals Time	Points
10	Handy, Evan			FR	Gaithersburg High School	1:47.50	1:52.07	7
	26.78	29.01	28.86		27.42			
11	Demitz, Connor P			SO	Walter Johnson High School	1:48.07	1:52.46	6
	26.17	28.54	28.81		28.94			
12	Fogle, Christopher			SO	Quince Orchard High School	1:54.28	1:52.85	5
	26.12	28.64	28.90		29.19			
13	Li, Alex			JR	Wootton High School	1:43.03	1:54.18	4
	26.34	28.29	59.55					
14	Winter, Jake			JR	Walt Whitman High School	1:50.48	1:55.26	3
	26.59	29.20	30.02		29.45			
15	Brophy, Lowell			SR	Watkins Mill High School	1:52.14	1:56.13	2
	26.55	29.46	30.07		30.05			
16	Steinwandel, Robert			JR	Quince Orchard High School	1:53.01	1:56.59	1
	26.82	29.63	30.56		29.58			
17	Frohman, Ryan			FR	Gaithersburg High School	1:54.38	1:57.78	
	27.45	28.82	30.64		30.87			
18	Chang, Sebastian H			SO	Northwest High School	1:54.17	1:59.13	
	27.00	29.73	30.99		31.41			
19	Melgar-Torres, Irving			FR	Northwest High School	2:08.33	2:08.89	
	29.03	32.47	1:07.39					
20	Lum, Michael A			JR	Clarksburg High School	2:08.52	2:12.16	
	29.57	33.06	35.18		34.35			
21	Hase, Matthew			FR	Watkins Mill High School	2:10.78	2:13.86	
	30.64	33.86	34.84		34.52			
22	Fulton, Tom			JR	Einstein High School	2:21.66	2:24.95	
	29.86	35.27	39.36		40.46			
23	Rickman, Nate			SR	Einstein High School	2:25.93	2:27.05	
	33.66	36.30	38.42		38.67			
24	Chen, Christopher M			JR	Clarksburg High School	2:35.22	2:32.18	
	32.47	37.40	42.36		39.95			
25	Fowler, Billy				Northwood High School	2:38.32	2:34.34	
	32.07	37.57	42.26		42.44			
26	Espinoza, Juan			SR	Northwood High School	2:42.25	2:41.12	
	33.22	37.99	43.62		46.29			

**Event 4 Women 200 Yard Freestyle**

43A West 15: 1:53.05 ! 2/18/2012				Ellen C Anderson		GAI		
	Name			Yr	School	Seed Time	Finals Time	Points
1	Lindsey, Hannah M			SR	Winston Churchill High School	1:54.51	1:55.68	20
	26.83	29.25	29.85		29.75			
2	Yegher, Jaycee M			JR	Northwest High School	1:53.03	1:58.28	17
	28.29	29.96	29.92		30.11			
3	Anderson, Gail F			SR	Einstein High School	1:59.18	1:58.82	16
	28.53	30.35	30.42		29.52			
4	Bischoff, Samantha H			SR	Northwest High School	1:56.92	1:58.86	15
	28.33	30.15	29.95		30.43			
5	Song, Kelsy			SR	Richard Montgomery High School	1:56.29	2:00.58	14
	28.36	31.00	31.22		30.00			
6	Zhang, Lynn			SR	Wootton High School	1:53.65	2:00.60	13
	28.70	31.25	30.87		29.78			
7	Ellett, Katie c			JR	Walter Johnson High School	1:56.25	2:01.23	12
	28.51	30.56	31.23		30.93			

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 4 Women 200 Yard Freestyle)**

	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
8	Tondravi, Maya			FR	Winston Churchill High School	2:01.10	2:04.16	11
	28.08	31.22	32.26		32.60			
9	Mann, Emily			FR	Quince Orchard High School	2:02.06	2:05.05	9
	29.13	32.24	32.48		31.20			
10	Redisch, Lena			SO	Walt Whitman High School	1:57.51	2:05.06	7
	29.15	31.81	32.35		31.75			
11	El-Masry, Nefret			SO	Richard Montgomery High School	2:03.37	2:06.19	6
	29.47	31.90	32.62		32.20			
12	Burgett, Grace E			FR	Walter Johnson High School	2:03.01	2:06.58	5
	29.75	32.11	32.75		31.97			
13	Zhang, Rita			FR	Wootton High School	2:03.95	2:07.56	4
	29.74	32.20	33.07		32.55			
14	Levy, Amanda			FR	Walt Whitman High School	2:04.74	2:08.37	3
	30.03	32.64	33.26		32.44			
15	Tsarni, Naina			SO	Watkins Mill High School	2:08.24	2:08.51	2
	29.80	32.33	33.16		33.22			
16	Zehner, Katie M			JR	Bethesda - CC	2:07.87	2:09.38	1
	30.39	32.77	33.53		32.69			
17	Heath, Lindsey			SO	Quince Orchard High School	2:09.96	2:09.93	
	31.62	33.03	32.83		32.45			
18	Berger, Alex R			SR	Bethesda - CC	2:05.25	2:10.10	
	30.42	33.22	1:06.46					
19	Fulton, Kate			SR	Einstein High School	2:14.53	2:17.10	
	30.93	33.58	35.53		37.06			
20	Robinson, Sophie			SR	Gaithersburg High School	2:14.15	2:25.03	
	33.16	37.29	38.63		35.95			
21	Rodriguez, Elena			JR	Watkins Mill High School	2:22.60	2:27.27	
	31.08	34.98	40.30		40.91			
22	Giffin, Amelia				Gaithersburg High School	2:34.36	2:31.13	
	32.31	36.40	40.22		42.20			
23	Mendes, Morgan E			FR	Clarksburg High School	2:32.50	2:36.80	
	33.47	38.70	41.05		43.58			
24	Guillen, Rebeca I			SR	Clarksburg High School	2:33.37	2:37.51	
	35.47	39.27	41.66		41.11			
25	Newby, Kayla				Northwood High School	3:22.34	3:15.90	
	42.05	48.80	52.76		52.29			

**Event 5 Men 200 Yard IM**

	<b>43A West15: 1:53.91 ! 2/14/2015</b>			<b>Rory B Lewis</b>	<b>Einstein</b>			
	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Edskes, Bouke			SR	Richard Montgomery High School	1:51.16	1:54.45	20
	24.21	29.50	33.10		27.64			
2	Horikawa, Nozomi F			SR	Walter Johnson High School	1:54.40	1:57.84	17
	25.92	30.12	34.54		27.26			
3	Halem, Jacob D			JR	Clarksburg High School	1:56.03	1:58.81	16
	26.00	31.65	34.07		27.09			
4	Ellett, Timmy S			FR	Walter Johnson High School	1:53.19	1:58.86	15
	25.61	30.47	35.32		27.46			
5	Fischer, Fielding S			JR	Bethesda - CC	1:57.89	2:01.14	14
	26.29	30.41	36.42		28.02			
6	Turi, Joseph			JR	Bethesda - CC	1:57.82	2:01.82	13
	27.40	32.14	34.50		27.78			

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 5 Men 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Fitzwilliam, Nick S 27.07 31.55 34.35	JR	Northwest High School	2:01.87	2:02.59	12
8 Li, Simon 27.33 31.62 35.63	JR	Richard Montgomery High School	1:55.48	2:03.30	11
9 Lindner, Jacob 27.44 31.04 36.80	FR	Quince Orchard High School	2:03.26	2:03.67	9
10 Hall, Owen C 27.51 32.31 37.53	JR	Winston Churchill High School	2:01.85	2:05.24	7
11 Chung, Colby 27.76 32.59 37.82	FR	Northwest High School	2:04.80	2:06.24	6
12 Qian, Robert J 28.58 33.96 34.66	JR	Clarksburg High School	2:04.08	2:06.29	5
13 Morales, Diego 27.49 32.65 37.88	FR	Quince Orchard High School	2:05.50	2:06.93	4
14 Lewis, William 27.62 34.53 37.09	FR	Walt Whitman High School	2:11.57	2:09.16	3
15 Youssefiani, Dariush R 28.03 33.90 1:08.85	SR	Winston Churchill High School	2:04.41	2:10.78	2
16 Qin, Jeffrey 29.49 33.81 38.77	SO	Wootton High School	2:04.83	2:12.32	1
17 Wang, Daniel 27.83 35.23 39.26	FR	Wootton High School	2:05.77	2:12.59	
18 Gonzalez, Gus J 29.53 37.09 37.92	JR	Einstein High School	2:14.88	2:14.05	
19 Talcott, Wyatt 30.32 36.77 38.55	JR	Walt Whitman High School	2:12.81	2:17.50	
20 Niemczuk, Ryan R 30.82 37.38 40.60	FR	Einstein High School	2:13.97	2:20.25	
21 Michael, Nahom 29.74 35.82 44.18	SR	Watkins Mill High School	2:18.19	2:20.96	
22 Thoms, Justin 31.76 40.42 42.25	SO	Gaithersburg High School	2:28.03	2:31.36	
23 Landry, Mathieu 30.75 37.88 47.62	SO	Gaithersburg High School	2:31.13	2:33.23	
24 Moore, Evan 32.53 43.35 48.64	FR	Northwood High School	2:34.06	2:40.13	
25 Gunnison, Ryan 36.31 37.72	JR	Northwood High School	2:48.65	2:50.75	
--- Guilds, Brennan 30.08 43.09 47.55	FR	Watkins Mill High School	2:40.09	DQ	

**Event 6 Women 200 Yard IM**

43AWest15: 2:07.07 ! 2/18/2012 Charlotte R Meyer	BCC		Seed Time	Finals Time	Points
Name	Yr	School	Seed Time	Finals Time	Points
1 Nugent, Celine E 29.26 33.23 38.14	JR	Walter Johnson High School	2:02.74	2:10.81	20
2 Wang, Emily T 27.66 33.95 40.27	JR	Winston Churchill High School	2:10.72	2:12.23	17
3 Zarchin, Maddy 28.04 34.86 40.13	JR	Quince Orchard High School	2:08.94	2:13.73	16
4 Gribble, Dylan R 29.40 34.77 38.20	JR	Northwest High School	2:10.13	2:14.44	15

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 6 Women 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Rhodes, Caroline	JR	Walt Whitman High School	2:09.92	2:15.08	14
30.26 33.02 41.91	29.89				
6 Asbury, Fiona A	SR	Winston Churchill High School	2:09.37	2:15.13	13
29.50 33.99 39.85	31.79				
7 Ockenhouse, Sarah E	SR	Bethesda - CC	2:16.01	2:16.42	12
29.69 35.84 39.13	31.76				
8 Giron, Meghan	SR	Gaithersburg High School	2:13.03	2:19.37	11
30.07 36.00 41.26	32.04				
9 El-Masry, Sophie	SR	Richard Montgomery High School	2:15.97	2:19.73	9
30.65 36.63 40.39	32.06				
10 Zhao, Cece	FR	Wootton High School	2:16.68	2:20.77	7
31.68 37.22 39.36	32.51				
11 Reilly, Sophie	FR	Walt Whitman High School	2:10.68	2:20.97	6
29.98 36.15 43.32	31.52				
12 Kaufman, Deborah P	SO	Walter Johnson High School	2:18.11	2:24.12	5
31.61 36.56 1:15.95					
13 Tat, Katelyn N	FR	Northwest High School	2:21.49	2:24.28	4
30.12 34.98 46.19	32.99				
14 Kapoor, Manisha N	FR	Clarksburg High School	2:25.69	2:24.31	3
31.83 35.86 44.41	32.21				
15 Tsarni, Khava	FR	Watkins Mill High School	2:26.01	2:25.56	2
31.28 37.35 42.64	34.29				
16 Kent, Helen M	SR	Richard Montgomery High School	2:22.20	2:28.10	1
32.79 37.40 44.37	33.54				
17 Meisel, Gabrielle S	FR	Bethesda - CC	2:21.49	2:28.15	
33.44 39.98 39.60	35.13				
18 Murayama, Amanda	SO	Quince Orchard High School	2:26.79	2:30.06	
32.69 39.41 42.79	35.17				
19 Lattner, Alexandra	SO	Gaithersburg High School	2:31.45	2:32.31	
32.96 37.52 48.16	33.67				
20 Chang, Jasmine	SR	Wootton High School	2:31.74	2:33.81	
31.26 39.30 45.64	37.61				
21 Tkach, Milla	SR	Einstein High School	2:30.44	2:34.89	
34.01 38.62 1:22.26					
22 Jamero, Samantha A	JR	Einstein High School	2:37.00	2:39.97	
34.38 40.25 47.92	37.42				
23 Anderson, Gabriela	SO	Northwood High School	2:45.25	2:50.52	
35.75 44.16 1:30.61					
24 Niederheman, Raisa W	SO	Clarksburg High School	2:45.96	2:55.20	
35.89 42.13 53.35	43.83				
25 Flandrau, Lauren	FR	Watkins Mill High School	2:49.62	2:57.91	
33.88 44.25 1:39.78					

**Event 7 Men 50 Yard Freestyle**

43AWest15:	21.84 !	2/16/2013	Barry J Mangold	WJ		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Afolabi-Brown, Kenny	JR	Richard Montgomery High School	21.72	21.83!	20	
2 Cu, Brandon	JR	Gaithersburg High School	21.42	21.89	17	
3 Nguyen, Matt	JR	Richard Montgomery High School	22.02	22.47	16	
4 Teri, Colton L	SR	Bethesda - CC	22.89	22.87	15	
*5 Treichel, Karl	SR	Wootton High School	22.41	22.98	13.50	
*5 Hedquist, Pat	SR	Gaithersburg High School	21.96	22.98	13.50	

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 7 Men 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Fritz, Wyatt M	SR	Bethesda - CC	23.09	23.12	12
*8 Cooke, Joseph	SR	Quince Orchard High School	23.70	23.36	10
*8 Pereles, Noah F	JR	Winston Churchill High School	22.09	23.36	10
10 VanWagener, Tyler H	JR	Walter Johnson High School	22.74	23.38	7
11 Sun, Lucky M	SR	Winston Churchill High School	22.65	23.42	6
12 Lazar, Aaron	FR	Wootton High School	22.59	23.55	5
13 Paulos, Zach	JR	Walt Whitman High School	23.17	23.57	4
14 Wan, Jeffrey J	JR	Walter Johnson High School	23.79	23.77	3
15 Tat, Kevin M	JR	Northwest High School	23.13	23.85	2
16 Wilcox, Cameron	SR	Quince Orchard High School	23.63	23.88	1
17 Adelman, Mac P	JR	Northwest High School	22.97	23.95	
18 Trinh, Vincent D	SO	Clarksburg High School	23.83	24.04	
19 Heller, Stefan	SO	Walt Whitman High School	23.24	24.88	
20 Kim, Ethan J	SO	Clarksburg High School	24.92	25.07	
21 Soghomonian, Chase	SO	Watkins Mill High School	25.51	25.51	
22 Rice, Raymond	SR	Northwood High School	25.90	25.79	
23 Conklin, Sawyer	JR	Watkins Mill High School	26.47	25.83	
24 Simpson, Ben	FR	Einstein High School	25.92	26.24	
25 Friedman, Sam	SR	Northwood High School	29.94	30.30	

**Event 8 Women 50 Yard Freestyle**

43AWest15:	24.15	!	2/18/2012	Reia D Tong	WWH		
Name	Yr	School	Seed Time	Finals Time	Points		
1 Knapp, Sydney e	JR	Northwest High School	24.05	25.16	20		
2 Bonetta-Misteli, Kiki 25.40	SO	Walter Johnson High School	24.71	25.34	17		
3 Drill, Maya I	FR	Walter Johnson High School	24.88	25.35	16		
4 Zonghetti, Ashley C	SO	Winston Churchill High School	25.38	25.37	15		
5 Richter, Audrey L	SR	Richard Montgomery High School	24.25	25.40	14		
6 Williams, Avery	JR	Walt Whitman High School	24.72	25.63	13		
7 McGrath, Olivia B	JR	Bethesda - CC	25.64	25.90	12		
8 Sun, Grace	JR	Richard Montgomery High School	25.38	26.21	11		
9 Brown, Anna M	JR	Northwest High School	25.82	26.26	9		
10 Henry, Lillian	JR	Wootton High School	25.72	26.40	7		
11 Wright, Katie Q	SR	Winston Churchill High School	25.24	26.43	6		
12 Smith, Katie M	JR	Bethesda - CC	24.44	26.54	5		
13 Crocker, Katie	SO	Gaithersburg High School	25.74	26.67	4		
14 Johnson, Sarah	FR	Walt Whitman High School	25.91	27.21	3		
15 Grcic, Aleks	JR	Quince Orchard High School	26.71	27.29	2		
16 Gibson, Claudia C	SR	Wootton High School	26.39	27.81	1		
17 Ziegler, Rachel M	SR	Clarksburg High School	28.00	27.87			
18 McGrath, Emma H	FR	Clarksburg High School	27.34	28.05			
19 Landry, Jacqueline	SR	Gaithersburg High School	27.19	28.37			
20 Heaphy, Sarah	SO	Einstein High School	28.15	28.56			
21 Allen, Mackenzie	JR	Watkins Mill High School	28.89	28.71			
22 Cooke, Elizabeth	JR	Quince Orchard High School	27.82	28.83			
23 Sheehan, Nora	FR	Einstein High School	29.32	29.32			
24 Wolf, Erika	SR	Watkins Mill High School	28.78	29.75			
25 Averill, Maggie	SO	Northwood High School	31.38	31.57			

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

## Event 9 Men 1 mtr Diving

Name	Yr	School	Seed Time	Finals Score
1 Canova, Joseph	JR	Quince Orchard High School	547.55	470.65
2 Gould, Mory E	JR	Winston Churchill High School	355.20	462.30
3 Bloomer, Charles	SR	Walter Johnson High School	458.75	422.85
4 Collishaw, Patrick J	JR	Walter Johnson High School	482.55	401.85
5 Cole, Andrew	JR	Northwest High School	203.80	330.80
6 McBain, Ian	SO	Richard Montgomery High School	175.40	270.15
7 Barsky, Michael	JR	Walt Whitman High School	140.30	221.75
8 Harvey, Michael S	JR	Northwest High School	145.15	213.90
9 Lesley, Jared	SO	Walt Whitman High School	123.05	212.50
10 Espinoza, Juan	SR	Northwood High School	117.40	142.35

## Event 10 Women 1 mtr Diving

Name	Yr	School	Seed Time	Finals Score
1 Faerber, Elaina	SR	Winston Churchill High School	293.30	434.80
2 Umbel, Kamryn	JR	Richard Montgomery High School	262.00	404.40
3 Westwood, Regan	JR	Wootton High School	407.70	386.20
4 Graham, Cassie S	FR	Clarksburg High School	201.45	386.10
5 Dunn, Bridie S	SR	Winston Churchill High School	279.85	377.65
6 Pfaff, Maddy R	SO	Bethesda - CC	402.65	365.25
7 Tomlinson, Haley A	JR	Walter Johnson High School	343.90	362.50
8 Canova, Meredith	FR	Quince Orchard High School	357.20	350.35
9 LaPlante, Caroline	JR	Walt Whitman High School	252.20	332.55
10 McGrath, Eleanor L	FR	Bethesda - CC	368.40	320.45
11 Douek, Naomi	FR	Walt Whitman High School	227.55	314.95

## Event 11 Men 100 Yard Butterfly

43AWest15: 50.40 ! 2/14/2015		Rory B Lewis		Einstein		Points
Name	Yr	School	Seed Time	Finals Time		
1 Edskes, Bouke 24.28 26.66	SR	Richard Montgomery High School	49.65	50.94	20	
2 Fouts, Eli 24.56 27.25	SO	Quince Orchard High School	51.01	51.81	17	
3 Treichel, Karl 24.63 28.19	SR	Wootton High School	50.64	52.82	16	
4 Wijesekera, Sanjay N 24.86 28.46	SO	Winston Churchill High School	51.63	53.32	15	
5 Wong, Michael K 25.23 28.31	JR	Clarksburg High School	52.97	53.54	14	
*6 Suarez Touzon, Diego 25.62 28.96	JR	Bethesda - CC	51.29	54.58	12.50	
*6 Ellett, Timmy S 25.51 29.07	FR	Walter Johnson High School	52.14	54.58	12.50	
8 Kim, Nathan 25.84 28.95	SO	Richard Montgomery High School	54.48	54.79	11	
9 Calder, Danny 25.59 29.43	FR	Walt Whitman High School	51.96	55.02	9	
10 Chuang, Matthew P 26.13 29.04	SR	Clarksburg High School	54.26	55.17	7	
11 VanWagener, Tyler H 26.01 29.56	JR	Walter Johnson High School	53.01	55.57	6	



## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 11 Men 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
12 Fritz, Wyatt M 26.00 29.69	SR	Bethesda - CC	56.67	55.69	5
13 Morales, Diego 26.35 29.81	FR	Quince Orchard High School	55.03	56.16	4
14 Garvey, Noah J 27.06 29.28	SO	Northwest High School	55.05	56.34	3
15 Chung, Colby 26.56 29.91	FR	Northwest High School	55.18	56.47	2
16 Tiberino, Matthew J	JR	Winston Churchill High School	55.41	57.14	1
17 Paulos, Zach 26.81 30.50	JR	Walt Whitman High School	55.62	57.31	
18 Liu, Kyle 27.14 31.05	SR	Wootton High School	57.25	58.19	
19 Clagett, Kendric 29.18 34.15	JR	Gaithersburg High School	1:01.52	1:03.33	
20 Hase, Matthew 30.61 35.11	FR	Watkins Mill High School	1:07.09	1:05.72	
21 Del Cid, Christian 31.17 35.46	FR	Gaithersburg High School	1:07.18	1:06.63	
22 Guilds, Brennan 30.52 36.53	FR	Watkins Mill High School	1:07.22	1:07.05	
23 Rice, Raymond 32.22 38.58	SR	Northwood High School	1:03.75	1:10.80	
24 Rickman, Nate 33.57 39.25	SR	Einstein High School	1:12.77	1:12.82	
25 MacDonald, Hank 35.28 43.35		Northwood High School	1:18.47	1:18.63	
26 Gori, John	FR	Einstein High School	1:21.20	1:22.10	

**Event 12 Women 100 Yard Butterfly**

43A West 15: 57.96 ! 2/14/2015		Maddy Zarchin		Cougars	
Name	Yr	School	Seed Time	Finals Time	Points
1 Wang, Emily T 27.90 30.24	JR	Winston Churchill High School	56.01	58.14	20
2 Zarchin, Maddy 28.33 31.03	JR	Quince Orchard High School	56.97	59.36	17
3 McGrath, Olivia B 29.08 31.90	JR	Bethesda - CC	58.07	1:00.98	16
4 Wolfson, Margaret J 28.27 32.83	JR	Walter Johnson High School	58.46	1:01.10	15
5 Reilly, Sophie 28.74 32.56	FR	Walt Whitman High School	58.23	1:01.30	14
6 Karson, Caroline H 28.67 33.15	SO	Bethesda - CC	1:00.37	1:01.82	13
7 Kaplan, Mara D 29.85 32.95	SR	Winston Churchill High School	1:00.22	1:02.80	12
8 Zhang, Kellie 29.82 33.36	JR	Richard Montgomery High School	1:00.89	1:03.18	11
9 Elliott, Grace M 29.64 34.08	SO	Clarksburg High School	1:01.44	1:03.72	9
10 Bautista, Anna 30.55 33.19	SO	Walt Whitman High School	1:01.94	1:03.74	7

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 12 Women 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
11 Tat, Katelyn N 30.20 33.63	FR	Northwest High School	1:03.19	1:03.83	6
12 Giron, Meghan 30.01 34.03	SR	Gaithersburg High School	1:00.35	1:04.04	5
13 Gibson, Claudia C 30.63 34.01	SR	Wootton High School	1:01.42	1:04.64	4
14 Lee, Candice C 30.69 34.14	JR	Northwest High School	1:04.38	1:04.83	3
15 Tsarni, Khava 30.63 35.47	FR	Watkins Mill High School	1:04.34	1:06.10	2
16 Harnois, Hannah 30.93 35.27	FR	Quince Orchard High School	1:03.00	1:06.20	1
17 Lopez, Nicole E 31.62 34.79	SO	Walter Johnson High School	1:05.58	1:06.41	
18 Yu, Lena 32.61 36.46	FR	Wootton High School	1:07.42	1:09.07	
19 Li, Michelle 32.10 37.34	SO	Richard Montgomery High School	1:08.05	1:09.44	
20 Tkach, Milla 33.61 37.65	SR	Einstein High School	1:07.69	1:11.26	
21 Duque, Paulina 34.93 40.46	FR	Gaithersburg High School	1:17.36	1:15.39	
22 Mayfield, Tess 35.48 40.28	SO	Einstein High School	1:15.27	1:15.76	
23 Rodriguez, Elena 33.47 42.78	JR	Watkins Mill High School	1:15.92	1:16.25	
24 Anderson, Gabriela	SO	Northwood High School	1:16.10	1:18.86	
25 Huynh, Megan 36.76 44.08	FR	Clarksburg High School	1:15.19	1:20.84	

**Event 13 Men 100 Yard Freestyle**

43AWest15:	47.14	!	2/15/2014	Jean-Marc S Nugent	WJ	Name	Yr	School	Seed Time	Finals Time	Points
1						Cu, Brandon 23.27 25.01	JR	Gaithersburg High School	49.31	48.28	20
2						Kim, Abe D 23.69 24.97	JR	Walter Johnson High School	47.69	48.66	17
3						Hedquist, Pat 24.64 25.11	SR	Gaithersburg High School	49.84	49.75	16
4						Din, Connor 24.28 25.62	FR	Richard Montgomery High School	48.72	49.90	15
5						Pereles, Noah F 24.39 25.96	JR	Winston Churchill High School	48.39	50.35	14
6						Einhorn, Zachary O 24.56 25.87	JR	Winston Churchill High School	48.09	50.43	13
7						Lindner, Jacob 24.74 25.87	FR	Quince Orchard High School	50.38	50.61	12
8						Mendley, Jonathan 24.53 26.29	JR	Richard Montgomery High School	49.60	50.82	11
9						Turi, Joseph 24.67 26.20	JR	Bethesda - CC	48.86	50.87	9
10						Qin, Jeffrey 24.46 26.51	SO	Wootton High School	49.71	50.97	7

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 13 Men 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
11 Vissering, Alex 24.94 26.51	SR	Walt Whitman High School	49.12	51.45	6
12 Crane, Duncan R 24.92 26.58	SO	Bethesda - CC	49.29	51.50	5
13 Martinez, Kenny B 24.93 26.96	SO	Einstein High School	51.37	51.89	4
14 Tat, Kevin M 24.61 27.38	JR	Northwest High School	50.20	51.99	3
15 Fogle, Christopher 25.08 27.04	SO	Quince Orchard High School	51.49	52.12	2
16 Wan, Jeffrey J 25.38 26.91	JR	Walter Johnson High School	52.47	52.29	1
17 Wang, Daniel 25.24 27.18	FR	Wootton High School	50.89	52.42	
18 Levine, Max 25.65 27.25	SO	Walt Whitman High School	51.69	52.90	
19 Trinh, Vincent D 25.78 27.62	SO	Clarksburg High School	53.65	53.40	
20 Orban, Peter 26.18 27.41	SR	Watkins Mill High School	52.88	53.59	
21 Kim, Ethan J 26.13 28.48	SO	Clarksburg High School	55.23	54.61	
22 Michael, Nahom 27.05 28.84	SR	Watkins Mill High School	55.76	55.89	
23 Simpson, Ben 27.11 32.77	FR	Einstein High School	1:00.00	59.88	
24 Marchionini, Ethan 29.43 32.10	SO	Northwood High School	1:07.88	1:01.53	
25 O'Neill, Michael 30.03 32.82	SR	Northwood High School	1:02.59	1:02.85	

**Event 14 Women 100 Yard Freestyle**

43AWest15: 53.12 ! 2/16/2013		Elaina Gu		Churchill	
Name	Yr	School	Seed Time	Finals Time	Points
1 Nugent, Celine E 25.87 27.47	JR	Walter Johnson High School	51.96	53.34	20
2 Knapp, Sydney e 26.31 27.47	JR	Northwest High School	51.98	53.78	17
3 Zhang, Lynn 26.80 28.45	SR	Wootton High School	52.51	55.25	16
4 Bandak, Hanan E 27.05 28.33	JR	Winston Churchill High School	53.19	55.38	15
5 Richter, Audrey L 26.71 28.73	SR	Richard Montgomery High School	52.77	55.44	14
6 Song, Kelsy 27.31 28.19	SR	Richard Montgomery High School	53.69	55.50	13
7 Tait, Regan M 27.48 28.45	FR	Northwest High School	58.46	55.93	12
8 Drill, Maya I 27.17 28.85	FR	Walter Johnson High School	55.31	56.02	11
9 Williams, Avery 27.10 29.20	JR	Walt Whitman High School	53.45	56.30	9



## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

## (Event 15 Men 500 Yard Freestyle)

Name		Yr	School	Seed Time	Finals Time	Points
7	Fitzwilliam, Nick S	JR	Northwest High School	4:43.24	4:55.94	12
	26.59 29.24 30.12		30.79 30.68 30.46 30.23	30.09		
	29.29 28.45					
8	Demitz, Connor P	SO	Walter Johnson High School	4:53.91	4:57.92	11
	27.84 29.92 29.94		30.15 29.88 30.04 30.58	30.00		
	30.12 29.45					
9	Hall, Owen C	JR	Winston Churchill High School	4:53.30	4:59.24	9
	26.47 30.32 30.14		30.94 30.29 30.86 30.40	30.76		
	30.65 28.41					
10	Marder, John M	FR	Bethesda - CC	4:58.13	4:59.57	7
	26.76 29.81 30.59		30.84 30.44 30.78 30.87	30.65		
	30.15 28.68					
11	Lu, Eric	SO	Wootton High School	4:49.39	5:00.57	6
	27.56 29.32 29.92		30.61 31.02 31.05 30.95	31.26		
	30.97 27.91					
12	Winter, Jake	JR	Walt Whitman High School	4:56.49	5:07.53	5
	28.20 30.48 30.71		31.17 31.40 31.34 31.53	31.63		
	31.54 29.53					
13	Steinwandell, Robert	JR	Quince Orchard High School	5:02.48	5:07.56	4
	27.06 30.67 31.18		31.82 31.83 31.56 31.82	31.07		
	31.40 29.15					
14	Frohman, Ryan	FR	Gaithersburg High School	5:09.89	5:21.40	3
	28.36 30.89 31.81		32.63 32.68 33.46 33.29	32.86		
	33.20 32.22					
15	Niemczuk, Ryan R	FR	Einstein High School	5:12.26	5:23.68	2
	28.34 31.71 32.55		32.99 33.27 33.20 33.41	33.84		
	33.14 31.23					
16	Frohman, Matthew	JR	Gaithersburg High School	5:21.01	5:29.89	1
	29.40 31.27 32.52		33.38 33.94 34.47 34.32	33.81		
	33.86 32.92					
17	Lofgren, Jonathan P	SO	Walter Johnson High School	5:29.50	5:31.89	
	29.77 32.21 33.00		33.63 33.68 33.60 33.98	34.51		
	34.69 32.82					
18	Loane, Alex	JR	Quince Orchard High School	5:59.99	5:44.27	
	29.75 33.94 34.76		35.22 35.24 35.95 35.17	35.37		
	34.84 34.03					
19	Melgar-Torres, Irving	FR	Northwest High School	5:50.95	5:49.11	
	29.89 33.59 35.35		35.50 36.12 36.45 35.78	36.00		
	36.51 33.92					
20	Conklin, Sawyer	JR	Watkins Mill High School	5:32.90	6:02.71	
	30.48 34.56 35.89		36.69 37.20 37.98 38.34	38.01		
	37.05 36.51					
21	Mendes, Dylan M	FR	Clarksburg High School	6:12.44	6:11.77	
	31.10 34.42 37.16		37.43 38.27 38.93 38.86	39.28		
	39.57 36.75					
22	Fulton, Tom	JR	Einstein High School	6:31.07	6:38.62	
	30.71 36.06 39.41		40.18 40.65 41.93 42.55	42.72		
	42.65 41.76					
23	Wright, Nathan	JR	Watkins Mill High School	6:54.14	7:42.04	
	34.24 40.08 43.82		46.58 1:40.94 52.13 53.58			
	43.23					

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

## Event 16 Women 500 Yard Freestyle

43A West 15: 4:56.00 ! 2/18/2012		Ellen C Anderson				GAI			
Name	Yr	School	Seed Time	Finals Time	Points				
1 Anderson, Gail F	SR	Einstein High School	5:12.29	5:10.45	20				
28.91 30.92	31.43	31.61 31.37 31.19 31.38	31.39						
31.47 30.78									
2 Rhodes, Caroline	JR	Walt Whitman High School	5:04.75	5:13.96	17				
29.16 31.26	31.70	31.97 31.94 32.23 32.03	31.90						
31.38 30.39									
3 Ockenhouse, Sarah E	SR	Bethesda - CC	5:12.33	5:15.62	16				
28.93 31.56	31.84	32.26 32.01 31.96 31.94	31.93						
31.77 31.42									
4 Bischoff, Samantha H	SR	Northwest High School	5:16.14	5:18.65	15				
30.70 32.35	32.47	32.55 32.91 32.64 32.30	32.33						
30.90 29.50									
5 Ellett, Katie c	JR	Walter Johnson High School	5:07.08	5:19.59	14				
30.32 32.49	32.64	32.64 33.00 32.38 32.28	31.86						
31.41 30.57									
6 Asbury, Fiona A	SR	Winston Churchill High School	5:30.36	5:19.68	13				
29.20 31.71	32.16	32.66 32.78 32.51 32.41	32.24						
32.44 31.57									
7 Redisch, Lena	SO	Walt Whitman High School	5:03.19	5:23.63	12				
29.28 31.61	32.29	32.89 33.11 33.25 32.61	33.06						
32.98 32.55									
8 Burgett, Grace E	FR	Walter Johnson High School	5:23.49	5:33.44	11				
31.21 33.52	33.54	34.06 33.92 33.79 34.01	33.59						
33.21 32.59									
9 Ridge, Kelsey R	SR	Winston Churchill High School	5:23.98	5:38.05	9				
31.00 33.21	33.84	34.16 34.18 34.33 34.41	34.51						
34.60 33.81									
10 Zehner, Katie M	JR	Bethesda - CC	5:33.12	5:38.24	7				
31.29 34.24	34.42	34.58 34.02 34.15 34.16	34.03						
34.44 32.91									
11 El-Masry, Nefret	SO	Richard Montgomery High School	5:29.06	5:41.47	6				
30.02 32.88	34.25	34.72 35.01 34.95 34.99	35.29						
35.38 33.98									
12 Zhou, Lauren	FR	Richard Montgomery High School	6:09.34	5:50.33	5				
30.73 34.38	34.76	35.79 36.06 35.98 37.29	36.98						
34.83 33.53									
13 Wilson, Ellie L	SO	Northwest High School	5:45.44	5:58.71	4				
32.29 34.99	35.70	35.98 36.64 36.88 37.01	36.83						
36.64 35.75									
14 Sun, Sharon	JR	Wootton High School	6:05.77	6:01.05	3				
32.94 35.62	36.81	37.03 36.30 36.49 36.57	36.52						
36.50 36.27									
15 Murayama, Amanda	SO	Quince Orchard High School	5:51.11	6:05.75	2				
32.94 36.29	36.55	37.42 37.68 37.74 36.48	38.08						
36.72 35.85									
16 Weiss, Hannah	SR	Wootton High School	5:58.52	6:06.66	1				
32.77 35.95	36.88	37.02 36.94 37.49 37.87	37.39						
1:14.35									
17 Nyborg, Natalie	FR	Quince Orchard High School	6:15.22	6:10.95					
33.29 37.86	38.63	38.54 39.07 37.78 39.18	36.94						
36.35 33.31									

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 16 Women 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
18 Robinson, Sophie	SR	Gaithersburg High School	6:10.93	6:11.17	
33.17 37.22 37.95	38.10	37.98 38.58 38.33	37.66		
36.79 35.39					
19 Wolf, Erika	SR	Watkins Mill High School	6:19.27	6:14.68	
34.13 37.14 37.62	37.74	38.07 38.41 38.24	38.10		
38.14 37.09					
20 Allen, Mackenzie	JR	Watkins Mill High School	6:40.06	6:24.75	
33.28 37.38 38.50	38.86	39.26 39.23 40.27	40.18		
40.44 37.35					
21 Nolan, Hannah	FR	Einstein High School	6:40.15	6:37.02	
34.35 37.84 39.65	39.75	40.88 40.98 40.80	41.57		
1:21.20					
22 Niederhelman, Raisa W	SO	Clarksburg High School	6:57.34	6:40.56	
34.27 39.41 39.97	41.19	41.27 40.85 41.01	41.78		
1:20.81					
23 Polen, Lexi	SO	Gaithersburg High School	7:13.12	7:03.85	
36.66 40.06 42.55	41.67	43.87 44.02 44.63	45.61		
45.97 38.81					
24 Guillen, Rebeca I	SR	Clarksburg High School	6:55.60	7:04.04	
36.90 41.32 42.30	42.50	42.84 43.07 43.48	44.51		
45.45 41.67					

**Event 17 Men 200 Yard Freestyle Relay**

43A West15: 1:27.61 ! 2/18/2012 Winston Churchill High School  
O Soevik, S Lee, H Gu, A Cole

Team	Relay	Seed Time	Finals Time	Points
1 Richard Montgomery High School		1:26.26	1:29.75	40
1) Afolabi-Brown, Greg JR	2) Edskes, Bouke SR	3) Li, Simon JR	4) Afolabi-Brown, Kenny JR	
22.36 21.50 22.72	23.17			
2 Winston Churchill High School		1:28.78	1:31.06	34
1) Pereles, Noah F JR	2) Sun, Lucky M SR	3) Einhorn, Zachary O JR	4) Mackey, Ian D SO	
23.27 22.54 23.11	22.14			
3 Gaithersburg High School		1:29.14	1:31.48	32
1) Cu, Brandon JR	2) Hedquist, Pat SR	3) Handy, Evan FR	4) Frohman, Ryan FR	
22.21 22.28 22.82	24.17			
4 Bethesda - CC		1:28.58	1:31.79	30
1) Crane, Duncan R SO	2) Turi, Joseph JR	3) Fritz, Wyatt M SR	4) Teri, Colton L SR	
23.26 23.62 22.94	21.97			
5 Walter Johnson High School		1:31.06	1:32.37	28
1) Ellett, Timmy S FR	2) Kim, Abe D JR	3) Demitz, Connor P SO	4) Wan, Jeffrey J JR	
22.57 15.77 30.89	23.14			
6 Wootton High School		1:30.38	1:33.34	26
1) Wang, Daniel FR	2) Yune, Jonathan SO	3) Matus, Jordan JR	4) Lazar, Aaron FR	
24.21 23.41 22.72	23.00			
7 Quince Orchard High School		1:33.25	1:34.08	24
1) Wilcox, Cameron SR	2) Cooke, Joseph SR	3) Fogle, Christopher SO	4) Mann, Griffin JR	
23.48 24.00 23.01	23.59			
8 Walt Whitman High School		1:31.97	1:34.47	22
1) Heller, Stefan SO	2) Levine, Max SO	3) Paulos, Zach JR	4) Su, Jeffrey JR	
24.40 24.30 22.45	23.32			
9 Watkins Mill High School		1:37.16	1:38.55	18
1) Soghomonian, Chase SO	2) Conklin, Sawyer JR	3) Brophy, Lowell SR	4) Michael, Nahom SR	
26.00 25.83 22.79	23.93			

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 17 Men 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
10 Clarksburg High School		1:38.57	1:39.74	14
1) Kim, Ethan J SO	2) Le, Sean Q SO	3) Lum, Michael A JR	4) Trinh, Vincent D SO	
25.11 24.67 26.05	23.91			
11 Northwest High School		1:39.34	1:41.86	12
1) Chung, Colby FR	2) Chang, Sebastian H SO	3) Whiteis, Jacob FR	4) Melgar-Torres, Irving FR	
24.32 24.49 26.47	26.58			
12 Einstein High School		1:46.00	1:50.48	10
1) Fulton, Tom JR	2) Gori, John FR	3) Rickman, Nate SR	4) Simpson, Ben FR	
26.90 29.60 28.38	25.60			
13 Northwood High School		1:52.15	1:53.59	8
1) Espinoza, Juan SR	2) Marchionini, Ethan SO	3) Gunnison, Ryan JR	4) Fowler, Billy	
29.10 27.34 27.62	29.53			

**Event 18 Women 200 Yard Freestyle Relay**

43AWest15: 1:38.06 ! 2/18/2012 Walt Whitman High School  
R Tong, S Kannan, A Gould, C Meyer

Team	Relay	Seed Time	Finals Time	Points
1 Walter Johnson High School		1:36.32	1:39.84	40
1) Nugent, Celine E JR	2) Bonetta-Misteli, Kiki SO	3) Drill, Maya I FR	4) Wolfson, Margaret J JR	
25.18 24.90 25.36	24.40			
2 Richard Montgomery High Schoc		1:38.46	1:42.78	34
1) Song, Kelsy SR	2) Sun, Grace JR	3) Zhang, Kellie JR	4) Richter, Audrey L SR	
25.53 25.52 26.52	25.21			
3 Wootton High School		1:39.96	1:43.29	32
1) Zhang, Lynn SR	2) Gibson, Claudia C SR	3) Henry, Lillian JR	4) Zhao, Cece FR	
25.87 26.66 25.47	25.29			
4 Winston Churchill High School		1:40.96	1:43.47	30
1) Zhu, Alice SO	2) Quackenbush, Esther C SO	3) Wright, Katie Q SR	4) Zonghetti, Ashley C SO	
25.98 25.88 26.10	25.51			
5 Bethesda - CC		1:39.88	1:44.04	28
1) Smith, Katie M JR	2) McGrath, Olivia B JR	3) Karson, Caroline H SO	4) Danegger, Rachel E SO	
25.94 25.98 25.84	26.28			
6 Northwest High School		1:42.71	1:44.06	26
1) Brown, Anna M JR	2) Tait, Regan M FR	3) Kasunic, Tess L SO	4) Bischoff, Samantha H SR	
25.93 25.84 26.57	25.72			
7 Walt Whitman High School		1:43.94	1:46.24	24
1) Johnson, Sarah FR	2) Steele, Bryna SR	3) Shapiro, Frankie SR	4) Bautista, Anna SO	
26.81 26.15 26.72	26.56			
8 Quince Orchard High School		1:47.85	1:50.62	22
1) Grcic, Alekx JR	2) Cooke, Elizabeth JR	3) Heath, Lindsey SO	4) Harnois, Hannah FR	
27.58 28.40 27.32	27.32			
9 Gaithersburg High School		1:49.11	1:52.55	18
1) Crocker, Katie SO	2) Landry, Jacqueline SR	3) Giffin, Amelia	4) Anderson, Bethany SO	
27.04 27.59 29.11	28.81			
10 Watkins Mill High School		1:50.33	1:55.54	14
1) Aguilar, Madison FR	2) Wolf, Erika SR	3) Rishell, Caitlyn SR	4) Tsarni, Naina SO	
29.75 29.84 28.41	27.54			
11 Einstein High School		1:58.75	1:55.62	12
1) Douma, Nicole FR	2) Mayfield, Tess SO	3) Sheehan, Nora FR	4) Heaphy, Sarah SO	
29.80 29.09 28.61	28.12			
12 Clarksburg High School		1:58.08	1:59.31	10
1) Niederhelman, Raisa W SO	2) Castaneda, Claudia E JR	3) Huynh, Megan FR	4) Kim, Stephanie J SR	
	1:29.89			



## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 18 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
13 Northwood High School		2:21.13	2:20.28	8
1) Averill, Maggie SO	2) Carillo, Rihana JR	3) Newby, Kayla	4) Staggs, Sarah SO	
38.26 34.57 1:07.45				

**Event 19 Men 100 Yard Backstroke**

43AWest15:	51.89	!	2/18/2012	Garrett G Powell	WAJ			
Name	Yr	School	Seed Time	Finals Time	Points			
1 Wong, Michael K	JR	Clarksburg High School	52.55	52.41	20			
25.35 27.06								
2 Horikawa, Nozomi F	SR	Walter Johnson High School	52.20	53.37	17			
26.65 26.72								
3 Nguyen, Matt	JR	Richard Montgomery High School	52.55	53.94	16			
26.91 27.03								
4 Wijesekera, Sanjay N	SO	Winston Churchill High School	51.66	54.15	15			
26.61 27.54								
5 Rose, Jack	SO	Richard Montgomery High School	52.62	54.97	14			
26.97 28.00								
6 Sun, Lucky M	SR	Winston Churchill High School	53.98	55.71	13			
27.72 27.99								
7 Brophy, Lowell	SR	Watkins Mill High School	55.62	55.82	12			
27.80 28.02								
8 Handy, Evan	FR	Gaithersburg High School	57.23	56.57	11			
27.84 28.73								
9 Wratney, Nathan C	SO	Bethesda - CC	57.77	56.76	9			
27.57 29.19								
10 Adelman, Mac P	JR	Northwest High School	54.04	56.77	7			
27.44 29.33								
11 Chang, Sebastian H	SO	Northwest High School	55.72	57.11	6			
28.47 28.64								
12 Calder, Danny	FR	Walt Whitman High School	55.35	57.22	5			
27.47 29.75								
13 Orban, Peter	SR	Watkins Mill High School	56.28	57.77	4			
28.28 29.49								
14 Lazar, Aaron	FR	Wootton High School	54.41	57.98	3			
28.31 29.67								
15 Chuang, Matthew P	SR	Clarksburg High School	58.31	58.23	2			
28.36 29.87								
16 Martinage, Ryan C	FR	Bethesda - CC	58.01	58.58	1			
28.26 30.32								
17 Sherman, Will	JR	Wootton High School	57.59	58.63				
28.37 30.26								
18 Oleynik, Joseph	FR	Walt Whitman High School	59.77	59.28				
28.63 30.65								
19 McFadden, Jason	SO	Quince Orchard High School	1:01.20	59.93				
28.97 30.96								
20 Judge, Evan	SO	Quince Orchard High School	1:01.63	1:00.47				
29.33 31.14								
21 Martinez, Kenny B	SO	Einstein High School	1:00.86	1:00.73				
30.05 30.68								
22 Burgett, Justin K	JR	Walter Johnson High School	1:01.26	1:03.05				
30.32 32.73								
23 McClure, Jack	SR	Gaithersburg High School	1:09.30	1:09.35				
24 Gunnison, Ryan	JR	Northwood High School	1:15.50	1:17.71				

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 19 Men 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
25 Catuche, Rodrigo	JR	Einstein High School	1:20.65	1:21.70	
26 Marchionini, Ethan	SO	Northwood High School	1:23.47	1:26.74	
40.22 46.52					

**Event 20 Women 100 Yard Backstroke**

43AWest15: 57.11 ! 2/15/2014		Hannah M Lindsey		Churchill		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Lindsey, Hannah M	SR	Winston Churchill High School	55.14	57.29	20	
27.55 29.74						
2 Smith, Katie M	JR	Bethesda - CC	56.94	1:00.59	17	
30.33 30.26						
3 Wright, Beth K	SO	Winston Churchill High School	58.92	1:01.25	16	
29.52 31.73						
4 Bonetta-Misteli, Kiki	SO	Walter Johnson High School	59.04	1:01.66	15	
30.33 31.33						
5 Sun, Grace	JR	Richard Montgomery High School	1:00.81	1:02.55	14	
31.08 31.47						
6 Brown, Anna M	JR	Northwest High School	1:01.56	1:02.62	13	
30.79 31.83						
7 Kent, Helen M	SR	Richard Montgomery High School	1:01.36	1:04.17	12	
30.90 33.27						
8 Elliott, Grace M	SO	Clarksburg High School	1:07.91	1:05.14	11	
32.08 33.06						
9 Zhang, Rita	FR	Wootton High School	1:04.27	1:05.21	9	
32.15 33.06						
10 Kapoor, Manisha N	FR	Clarksburg High School	1:06.12	1:05.61	7	
32.60 33.01						
11 Boyum, Lydia R	SO	Walter Johnson High School	1:06.01	1:05.62	6	
32.05 33.57						
12 Tait, Regan M	FR	Northwest High School	1:03.17	1:05.95	5	
32.01 33.94						
13 Romberg, Mira	FR	Walt Whitman High School	1:02.95	1:06.02	4	
14 McGuire-Wien, Elly V	SR	Bethesda - CC	1:03.23	1:06.34	3	
32.75 33.59						
15 Bautista, Anna	SO	Walt Whitman High School	1:07.95	1:06.72	2	
33.33 33.39						
16 Harnois, Hannah	FR	Quince Orchard High School	1:05.46	1:07.24	1	
33.12 34.12						
17 Lattner, Alexandra	SO	Gaithersburg High School	1:07.18	1:08.53		
33.91 34.62						
18 Heath, Lindsey	SO	Quince Orchard High School	1:06.17	1:08.97		
34.09 34.88						
19 Castaneda, Samantha	SR	Wootton High School	1:08.47	1:09.29		
33.92 35.37						
20 Jamero, Samantha A	JR	Einstein High School	1:11.07	1:13.02		
35.72 37.30						
21 Anderson, Bethany	SO	Gaithersburg High School	1:17.24	1:14.53		
35.71 38.82						
22 Nolan, Hannah	FR	Einstein High School	1:15.25	1:16.89		
36.88 40.01						
23 Aguilar, Madison	FR	Watkins Mill High School	1:16.18	1:18.30		
24 Orban, Anona	SR	Watkins Mill High School	1:19.47	1:20.24		
38.63 41.61						

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 20 Women 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
25	Carillo, Rihana	JR	Northwood High School	1:52.55	1:45.24	
	51.20 54.04					
26	Tatiano, Mariana	SR	Northwood High School	1:47.76	1:48.20	
	48.13 1:00.07					

**Event 21 Men 100 Yard Breaststroke**

43AWest15: 57.81 ! 2/16/2013		Austin Dickey		Wootton		
	Name	Yr	School	Seed Time	Finals Time	Points
1	Fouts, Eli	SO	Quince Orchard High School	55.60	58.74	20
	27.87 30.87					
2	Afolabi-Brown, Kenny	JR	Richard Montgomery High School	57.44	59.16	17
	28.06 31.10					
3	Vissering, Alex	SR	Walt Whitman High School	57.10	59.61	16
	27.79 31.82					
4	Garvey, Noah J	SO	Northwest High School	58.99	1:01.15	15
	28.89 32.26					
5	Qian, Robert J	JR	Clarksburg High School	58.97	1:01.61	14
	29.05 32.56					
6	Halem, Jacob D	JR	Clarksburg High School	1:01.36	1:01.63	13
	29.42 32.21					
7	Li, Simon	JR	Richard Montgomery High School	1:00.21	1:02.53	12
	29.78 32.75					
8	Chung, Alexander C	JR	Winston Churchill High School	1:02.27	1:02.63	11
	29.03 33.60					
9	Jalali, Kayvan	JR	Bethesda - CC	1:00.09	1:03.46	9
	29.32 34.14					
10	Youssefiani, Dariush R	SR	Winston Churchill High School	1:01.47	1:03.82	7
	29.69 34.13					
11	Shen, William	JR	Wootton High School	1:03.62	1:04.63	6
	30.74 33.89					
12	Sorensen, Jacob L	SO	Walter Johnson High School	1:05.67	1:04.74	5
	30.19 34.55					
13	Talcott, Wyatt	JR	Walt Whitman High School	1:04.69	1:05.52	4
	30.79 34.73					
14	Gan, Zach P	SR	Bethesda - CC	1:05.71	1:06.32	3
	31.22 35.10					
*15	Liu, Kyle	SR	Wootton High School	1:05.45	1:06.99	1.50
	31.52 35.47					
*15	Frohman, Matthew	JR	Gaithersburg High School	1:07.23	1:06.99	1.50
	31.48 35.51					
17	Gonzalez, Gus J	JR	Einstein High School	1:06.63	1:09.25	
	33.29 35.96					
18	Bagshaw, Cole R	FR	Walter Johnson High School	1:07.13	1:09.75	
	32.02 37.73					
19	Thoms, Justin	SO	Gaithersburg High School	1:11.11	1:12.01	
	33.99 38.02					
20	Burke, Austin	JR	Quince Orchard High School	1:12.12	1:12.72	
	33.42 39.30					
21	Soghomonian, Chase	SO	Watkins Mill High School	1:13.06	1:12.84	
	33.63 39.21					
22	Goldman, Zachary	SO	Northwest High School	1:16.83	1:19.48	
	37.64 41.84					

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 21 Men 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time	Points
23	Wright, Nathan 37.23 42.97	JR	Watkins Mill High School	1:19.78	1:20.20	
24	O'Neill, Michael 37.97 42.36	SR	Northwood High School	1:21.69	1:20.33	
25	Friedman, Sam 38.39 43.28	SR	Northwood High School	1:21.70	1:21.67	
---	Gori, John 40.97 42.85	FR	Einstein High School	1:24.09	DQ	

**Event 22 Women 100 Yard Breaststroke**

43A West 15: 1:06.78 ! 2/16/2013

Audrey Gould

Whitman

	Name	Yr	School	Seed Time	Finals Time	Points
1	Yegher, Jaycee M 31.95 34.47	JR	Northwest High School	1:02.07	1:06.42!	20
2	Wolfson, Margaret J 32.40 35.75	JR	Walter Johnson High School	1:05.83	1:08.15	17
3	Gribble, Dylan R 32.31 36.42	JR	Northwest High School	1:07.07	1:08.73	16
4	Piepol, Ashley M 32.90 35.93	JR	Walter Johnson High School	1:07.21	1:08.83	15
5	Bandak, Hanan E	JR	Winston Churchill High School	1:06.62	1:10.15	14
6	Zhu, Alice 33.72 36.90	SO	Winston Churchill High School	1:10.76	1:10.62	13
7	Karson, Caroline H 33.84 37.41	SO	Bethesda - CC	1:10.53	1:11.25	12
8	Zhang, Kellie 34.23 37.18	JR	Richard Montgomery High School	1:09.25	1:11.41	11
9	Meisel, Gabrielle S 34.14 37.28	FR	Bethesda - CC	1:08.70	1:11.42	9
10	Johnson, Sarah 33.66 37.96	FR	Walt Whitman High School	1:08.46	1:11.62	7
11	Rosen, Joelle 33.57 38.80	JR	Walt Whitman High School	1:07.92	1:12.37	6
12	Zhao, Cece 34.73 37.71	FR	Wootton High School	1:11.39	1:12.44	5
13	Zhou, Lauren 34.55 38.45	FR	Richard Montgomery High School	1:12.71	1:13.00	4
14	Nyborg, Natalie 36.38 39.56	FR	Quince Orchard High School	1:18.70	1:15.94	3
15	Chang, Jasmine 37.32 41.17	SR	Wootton High School	1:17.24	1:18.49	2
16	Landry, Jacqueline 37.53 43.22	SR	Gaithersburg High School	1:18.94	1:20.75	1
17	Fulton, Kate 37.51 43.40	SR	Einstein High School	1:16.36	1:20.91	
18	Rishell, Caitlyn 39.05 45.05	SR	Watkins Mill High School	1:23.27	1:24.10	
19	Thoms, Lindsey 40.31 44.01	FR	Quince Orchard High School	1:23.77	1:24.32	
20	McGrath, Emma H 39.99 44.45	FR	Clarksburg High School	1:21.09	1:24.44	
21	Burns, Rachel 39.46 45.36	SR	Einstein High School	1:24.44	1:24.82	

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

**(Event 22 Women 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
22 Anderson, Katie 40.93 44.40	JR	Gaithersburg High School	1:24.90	1:25.33	
23 Staggs, Sarah 41.01 45.78	SO	Northwood High School	1:26.15	1:26.79	
24 Shankar, Sushma X 41.81 45.79	JR	Clarksburg High School	1:26.44	1:27.60	
--- Tsarni, Naina 35.68 39.58	SO	Watkins Mill High School	1:14.11	DQ	

**Event 23 Men 400 Yard Freestyle Relay**

43AWest15: 3:14.14 ! 2/15/2014

Walt Whitman High School

J Janezich, M Sullivan, A Vissering, J Mooers

Team	Relay	Seed Time	Finals Time	Points
1 Bethesda - CC		3:14.74	3:15.54	40
1) Suarez Touzon, Diego JR 23.83 48.95 23.20	2) Turi, Joseph JR 48.60 23.33 48.95	3) Fritz, Wyatt M SR 23.48 49.04	4) Fischer, Fielding S JR	
2 Winston Churchill High School		3:12.69	3:16.70	34
1) Wijesekera, Sanjay N SO 23.81 49.13 23.45	2) Rothstein, Andy B JR 49.45 23.51 49.43	3) Pereles, Noah F JR 23.33 48.69	4) Einhorn, Zachary O JR	
3 Walter Johnson High School		3:15.20	3:18.84	32
1) Kim, Abe D JR 24.11 48.97 22.65	2) Horikawa, Nozomi F SR 47.86 23.53 50.84	3) VanWagener, Tyler H JR 24.22 51.17	4) Demitz, Connor P SO	
4 Clarksburg High School		3:21.52	3:21.50	30
1) Wong, Michael K JR 24.92 51.71 24.28	2) Chuang, Matthew P SR 50.92 24.60 51.39	3) Qian, Robert J JR 22.72 47.48	4) Halem, Jacob D JR	
5 Gaithersburg High School		3:25.51	3:21.64	28
1) Hedquist, Pat SR 24.28 50.10 24.88	2) Handy, Evan FR 51.42 25.34 52.95	3) Frohman, Ryan FR 22.76 47.17	4) Cu, Brandon JR	
6 Richard Montgomery High School		3:16.20	3:22.81	26
1) Din, Connor FR 24.36 49.83 23.93	2) Mendley, Jonathan JR 50.96 23.89 50.61	3) Afolabi-Brown, Greg JR 16.00 51.41	4) Clado, John FR	
7 Quince Orchard High School		3:19.75	3:23.40	24
1) Morales, Diego FR 25.23 52.09 24.46	2) Lindner, Jacob FR 51.56 23.97 49.85	3) Fogle, Christopher SO 23.83 49.90	4) Fouts, Eli SO	
8 Walt Whitman High School		3:17.15	3:23.58	22
1) Calder, Danny FR 24.81 52.18 23.32	2) Vissering, Alex SR 49.43 24.35 51.00	3) Winter, Jake JR 24.54 50.97	4) Su, Jeffrey JR	
9 Wootton High School		3:13.29	3:23.68	18
1) Wang, Daniel FR 24.88 52.08 24.13	2) Chen, Daniel JR 51.01 24.13 51.58	3) Li, Alex JR 23.27 49.01	4) Treichel, Karl SR	
10 Northwest High School		3:17.98	3:24.60	14
1) Adelman, Mac P JR 25.07 51.74 24.14	2) Garvey, Noah J SO 50.88 23.52 50.49	3) Tat, Kevin M JR 24.75 51.49	4) Fitzwilliam, Nick S JR	
11 Einstein High School		3:43.15	3:45.74	12
1) Fulton, Tom JR 25.18 52.78 27.85	2) Gonzalez, Gus J JR 1:02.39 26.72 55.81	3) Martinez, Kenny B SO 26.10 54.76	4) Niemczuk, Ryan R FR	
12 Watkins Mill High School		3:34.63	3:47.64	10
1) Orban, Peter SR 26.63 56.37 28.03	2) Wright, Nathan JR 1:00.75 28.09 59.65	3) Conklin, Sawyer JR 24.08 50.87	4) Brophy, Lowell SR	
13 Northwood High School		4:11.66	4:12.20	8
1) O'Neill, Michael SR 28.12 59.81 27.93	2) Moore, Evan FR 1:00.88 31.17 1:05.01	3) Fowler, Billy 31.35 1:06.50	4) Rice, Raymond SR	

## MPSSAA 4A3A West Region Swim Champs 2016

February 13, 2016

## Results

## Event 24 Women 400 Yard Freestyle Relay

43AWest15: 3:33.50 ! 2/18/2012

Walt Whitman High School

R Tong, V Kuhn, A Gould, C Meyer

Team	Relay	Seed Time	Finals Time	Points
1 Winston Churchill High School		3:32.47	3:37.49	40
1) Wang, Emily T JR	2) Lindsey, Hannah M SR	3) Bandak, Hanan E JR	4) Asbury, Fiona A SR	
26.42 54.16 26.18	55.11 26.65 55.18	25.27 53.04		
2 Northwest High School		3:36.70	3:39.37	34
1) Bischoff, Samantha H SR	2) Tait, Regan M FR	3) Yegher, Jaycee M JR	4) Knapp, Sydney e JR	
27.32 56.22 26.51	55.84 25.56 53.53	25.42 53.78		
3 Walter Johnson High School		3:36.93	3:42.42	32
1) Nugent, Celine E JR	2) Drill, Maya I FR	3) Ellett, Katie c JR	4) Burgett, Grace E FR	
26.03 53.89 26.82	55.75 26.60 56.98	26.08 55.80		
4 Richard Montgomery High School		3:38.26	3:46.78	30
1) Song, Kelsy SR	2) Sun, Grace JR	3) El-Masry, Sophie SR	4) Richter, Audrey L SR	
27.15 55.22 27.45	56.84 27.04			
5 Walt Whitman High School		3:41.05	3:49.89	28
1) Reilly, Sophie FR	2) Williams, Avery JR	3) Redisch, Lena SO	4) Rhodes, Caroline JR	
27.68 57.44 26.77	56.14 28.57 58.99	27.41 57.32		
6 Quince Orchard High School		3:40.31	3:52.18	26
1) Zarchin, Maddy JR	2) Grcic, Alekx JR	3) Heath, Lindsey SO	4) Mann, Emily FR	
26.65 55.91 28.17	59.39 28.52 59.18	27.60 57.70		
7 Bethesda - CC		3:45.21	3:54.56	24
1) Danegger, Rachel E SO	2) Zehner, Katie M JR	3) McGuire-Wien, Elly V SR	4) Berger, Alex R SR	
28.35 59.12 28.32	59.44 27.49 57.96	27.70 58.04		
8 Gaithersburg High School		3:58.25	3:58.64	22
1) Crocker, Katie SO	2) Robinson, Sophie SR	3) Lattner, Alexandra SO	4) Giron, Meghan SR	
27.68 57.50 29.07	1:01.03 29.10 1:01.29	28.11 58.82		
9 Wootton High School		3:48.12	4:02.59	18
1) Zhang, Rita FR	2) Parra, Juliana FR	3) Sun, Sharon JR	4) Henry, Lillian JR	
29.24 1:03.05 28.11	1:00.50 28.32 1:00.17	27.79 58.87		
10 Einstein High School		4:08.06	4:05.20	14
1) Anderson, Gail F SR	2) Fulton, Kate SR	3) Jamero, Samantha A JR	4) Tkach, Milla SR	
28.74 58.54 29.88	1:03.32 29.59 1:02.07	29.32 1:01.27		
11 Clarksburg High School		4:00.75	4:06.29	12
1) Kapoor, Manisha N FR	2) McGrath, Emma H FR	3) Elliott, Grace M SO	4) Ziegler, Rachel M SR	
29.53 1:01.24 30.19	1:02.79 28.88 1:05.74	23.29 56.52		
12 Watkins Mill High School		4:03.52	4:16.49	10
1) Wolf, Erika SR	2) Rodriguez, Elena JR	3) Allen, Mackenzie JR	4) Tsarni, Khava FR	
31.83 1:09.99 25.98	1:09.78 21.56 55.59	29.00 1:01.13		
--- Northwood High School		4:42.09	X5:05.31	
1) Staggs, Sarah SO	2) Tatiano, Mariana SR	3) Moore, Katherine FR	4) Anderson, Gabriela SO	
31.88 1:06.71 39.73	1:33.22 1:09.01	36.83 1:16.37		

## Scores - Women

## Women - Team Rankings - Through Event 24

1. Winston Churchill High School	331	2. Walter Johnson High School	305
3. Northwest High School	281	4. Richard Montgomery High School	231
5. Bethesda - CC	215	6. Walt Whitman High School	208
7. Wootton High School	149	8. Quince Orchard High School	131
9. Gaithersburg High School	79	10. Einstein High School	74
11. Clarksburg High School	66	12. Watkins Mill High School	40

**MPSSAA 4A3A West Region Swim Champs 2016****February 13, 2016****Results****(Scores - Women)**

13. Northwood High School 8

**Scores - Men**Men - Team Rankings - Through Event 24

1. Richard Montgomery High School	343	2. Bethesda - CC	264.5
3. Winston Churchill High School	255	4. Walter Johnson High School	227.5
5. Clarksburg High School	167	6. Gaithersburg High School	164
7. Wootton High School	163	8. Quince Orchard High School	161
9. Walt Whitman High School	149	10. Northwest High School	120
11. Watkins Mill High School	58	12. Einstein High School	38
13. Northwood High School	16		