

MDU@WLA - 1/17/2020
SMAC Swim Season 19 - 20
Results

Event 1 Men 200 Yard Medley Relay

NPT Pool: 1:45.71 12/21/2016 La Plata High School LAP
C Vienneau, M Bowlin, L Vienneau, O Melendez

Team	Relay	Seed Time	Finals Time
1 McDonough High School	A	2:00.10	2:01.09
1) Plummer, Faris SR	2) McPhee, Steven FR	3) Rapczynski, Cole SO	4) Green, Malachi JR
2 Westlake High School	A	1:55.76	2:02.28
1) Hill, Justin SO	2) Schuyler, David JR	3) Simmons, Bryce JR	4) Decker, Christian SR
3 McDonough High School	B	NT	2:16.62
1) Arnold, Joey SO	2) Micknick, Michael FR	3) Shuff, CJ SO	4) Salley, Demetrius SR

Event 2 Women 200 Yard Medley Relay

NPT Pool: 1:54.60 12/11/2019 Huntingtown High School HUN
S Atkins, O Frick, E Biehn, M Frick

Team	Relay	Seed Time	Finals Time
1 Westlake High School	A	2:39.29	2:48.99
1) Mulrine, Mia SO	2) Cole, Lauryn JR	3) Huber, Cassandra FR	4) Odeyemi, Maricia SO
2 McDonough High School	B	NT	2:55.52
1) Heyl, Lindsay JR	2) Catena, Mackenzie SO	3) Browning, Eileen SO	4) Wade, Haley JR
--- McDonough High School	A	2:03.97	DQ
Stroke Infraction swimmer #3	2) Tompkins, Alexandra JR	3) Mahr, Katie SR	4) Byrd-Taft, Jayme FR
1) Lyddane, Ava SO			

Event 3 Men 200 Yard Freestyle

NPT Pool: 1:49.00 12/21/2016 Conor Vienneau LAP

Name	Yr	School	Seed Time	Finals Time
1 Burriss, Noah	JR	Westlake High School	2:10.76	2:09.50
2 McPhee, Steven	FR	McDonough High School	NT	2:24.35
3 Thornton, Michael	FR	McDonough High School	2:29.29	2:31.57
4 Arnold, Joey	SO	McDonough High School	2:53.09	2:57.26
5 Dunn, James	SR	Westlake High School	3:08.17	3:01.80
6 Brown, Jayden	SR	Westlake High School	3:06.55	3:13.60

Event 4 Women 200 Yard Freestyle

NPT Pool: 2:02.92 1/12/2018 Nelle Ray LEO

Name	Yr	School	Seed Time	Finals Time
1 Clark, Mia	FR	McDonough High School	2:59.43	2:57.88
2 Catena, Mackenzie	SO	McDonough High School	NT	3:21.55
3 Mizelle-Penn, Savannah	JR	Westlake High School	3:33.55	3:23.42
4 Evertz, Mya	SO	Westlake High School	4:09.61	3:24.60
--- McClure, Madison	SO	McDonough High School	2:52.37	DQ
False start				

Event 5 Men 200 Yard IM

NPT Pool: 2:03.96 12/14/2016 Conor Vienneau LAP

Name	Yr	School	Seed Time	Finals Time
1 Micknick, Michael	FR	McDonough High School	2:49.82	2:51.57
2 Shuff, CJ	SO	McDonough High School	3:08.98	2:57.86
3 Hill, Justin	SO	Westlake High School	3:05.22	3:04.91
4 Whitten, Evan	SO	McDonough High School	3:00.61	3:12.92

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Event 6 Women 200 Yard IM

NPT Pool: 2:14.88		1/12/2018	Hayley Newton	LEO	
Name	Yr	School	Seed Time	Finals Time	
1 Tompkins, Alexandra	JR	McDonough High School	NT	2:34.18	
2 Browning, Eileen	SO	McDonough High School	3:05.47	3:03.91	
3 Huber, Cassandra	FR	Westlake High School	3:21.26	3:29.00	
--- Odeyemi, Maricia	SO	Westlake High School	NT	DQ	
Scissors kick - fly					
--- Taylor, Ashley	SO	Westlake High School	NT	DQ	
Scissors kick - fly					
--- Mahr, Katie	SR	McDonough High School	2:54.74	DQ	
Arms underwater recovery - fly					

Event 7 Men 50 Yard Freestyle

NPT Pool: 23.51		1/3/2020	Tyler Perrie	NPT	
Name	Yr	School	Seed Time	Finals Time	
1 Decker, Christian	SR	Westlake High School	24.65	24.93	
2 Simmons, Bryce	JR	Westlake High School	24.61	25.12	
3 Schuyler, David	JR	Westlake High School	26.34	26.74	
4 Green, Malachi	JR	McDonough High School	NT	27.54	
5 Plummer, Faris	SR	McDonough High School	26.73	28.14	
6 Salley, Demetrius	SR	McDonough High School	31.30	31.66	
--- Hall, Kameron	FR	McDonough High School	33.73	X33.57	
--- Musser, Derrick	SR	McDonough High School	35.14	X37.09	
--- Lester, Cristhian		McDonough High School	36.41	X37.44	

Event 8 Women 50 Yard Freestyle

NPT Pool: 25.81		1/26/2018	Megan Schueller	LAP	
Name	Yr	School	Seed Time	Finals Time	
1 Anderson, Kaidence	SO	McDonough High School	33.58	34.67	
2 Mizelle-Penn, Savannah	JR	Westlake High School	NT	38.49	
3 Evertz, Mya	SO	Westlake High School	NT	38.67	
4 Heyl, Lindsay	JR	McDonough High School	39.31	39.33	
5 Odeyemi, Maricia	SO	Westlake High School	35.96	39.87	
6 Bennett, Paige	FR	McDonough High School	33.48	41.83	

Event 11 Men 100 Yard Butterfly

NPT Pool: 56.32		12/21/2016	Lawrence Sapp	NPT	
Name	Yr	School	Seed Time	Finals Time	
1 Rapczynski, Cole	SO	McDonough High School	1:02.03	1:01.61	
2 Simmons, Bryce	JR	Westlake High School	1:07.56	1:06.12	
3 Decker, Christian	SR	Westlake High School	1:09.86	1:09.88	
4 Shuff, CJ	SO	McDonough High School	1:25.38	1:24.21	
5 Whitt, Zachary	FR	McDonough High School	NT	1:27.63	

Event 12 Women 100 Yard Butterfly

NPT Pool: 1:00.37		1/10/2020	Nelle Ray	LEO	
Name	Yr	School	Seed Time	Finals Time	
1 Golden, Iris	JR	McDonough High School	1:37.07	1:45.20	
2 Clark, Mia	FR	McDonough High School	1:44.67	1:54.84	
3 Heyl, Lindsay	JR	McDonough High School	2:04.71	2:02.99	

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Event 13 Men 100 Yard Freestyle

NPT Pool: 50.48		1/26/2018		Conor Vienneau		LAP	
Name	Yr	School	Seed Time	Finals Time			
1 Plummer, Faris	SR	McDonough High School	1:03.89	1:10.73			
2 Brown, Jayden	SR	Westlake High School	1:15.90	1:17.42			
3 Salley, Demetrius	SR	McDonough High School	1:19.30	1:17.91			
4 Spell, Kevin	FR	McDonough High School	1:26.20	1:23.15			

Event 14 Women 100 Yard Freestyle

NPT Pool: 56.67		12/21/2016		Nathalie LaFontant		NPT	
Name	Yr	School	Seed Time	Finals Time			
1 Byrd-Taft, Jayme	FR	McDonough High School	1:02.90	1:01.87			
2 Lyddane, Ava	SO	McDonough High School	1:16.68	1:17.88			
3 Anderson, Kaidence	SO	McDonough High School	1:25.89	1:21.71			
4 Mulrine, Mia	SO	Westlake High School	1:29.12	1:29.79			
5 Brown, Logan	SR	Westlake High School	1:51.73	1:52.43			
6 Thompson, Shayna	SR	Westlake High School	NT	2:02.41			

Event 15 Men 500 Yard Freestyle

NPT Pool: 5:02.39		12/13/2017		Ethan Williams		HUN	
Name	Yr	School	Seed Time	Finals Time			
1 Mitchell, Maxwell	JR	McDonough High School	7:08.57	7:05.13			
2 Whitten, Evan	SO	McDonough High School	7:27.78	7:28.78			
3 Thornton, Michael	FR	McDonough High School	7:41.14	7:33.28			

Event 16 Women 500 Yard Freestyle

NPT Pool: 5:28.69		1/12/2018		Nelle Ray		LEO	
Name	Yr	School	Seed Time	Finals Time			
1 Mahr, Katie	SR	McDonough High School	6:55.71	6:59.73			
2 McClure, Madison	SO	McDonough High School	NT	8:29.83			
3 Cole, Lauryn	JR	Westlake High School	NT	9:41.21			
4 Wade, Haley	JR	McDonough High School	9:57.73	9:53.82			
5 Urias, Daniela	SO	Westlake High School	NT	10:32.37			

Event 17 Men 200 Yard Freestyle Relay

NPT Pool: 1:36.14		1/31/2018		Leonardtown High School		LEO	
Team		Relay		Seed Time	Finals Time		
1 Westlake High School	A		1:42.50	1:41.50			
1) Schuyler, David JR	2) Burriss, Noah JR	3) Simmons, Bryce JR	4) Decker, Christian SR				
2 McDonough High School	A		1:44.26	1:48.32			
1) Plummer, Faris SR	2) Green, Malachi JR	3) McPhee, Steven FR	4) Rapczynski, Cole SO				
3 McDonough High School	B		NT	2:09.28			
1) Salley, Demetrius SR	2) Musser, Derrick SR	3) Thornton, Michael FR	4) Whitten, Evan SO				

Event 18 Women 200 Yard Freestyle Relay

NPT Pool: 1:46.87		1/31/2018		Leonardtown High School		LEO	
Team		Relay		Seed Time	Finals Time		
1 McDonough High School	A		1:52.10	1:59.34			
1) Byrd-Taft, Jayme FR	2) Golden, Iris JR	3) Mahr, Katie SR	4) Tompkins, Alexandra JR				
2 McDonough High School	B		NT	2:19.82			
1) Anderson, Kaidence SO	2) McClure, Madison SO	3) Clark, Mia FR	4) Lyddane, Ava SO				

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(Event 18 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
3 Westlake High School	A	2:22.89	2:25.28
1) Evertz, Mya SO	2) Mulrine, Mia SO	3) Huber, Cassandra FR	4) Odeyemi, Maricia SO
--- Westlake High School	B	NT	NS
1) Longshore, Cashmere JR	2) Cole, Symone FR	3) Brown, Logan SR	4) Thompson, Shayna SR

Event 19 Men 100 Yard Backstroke

NPT Pool: 55.94 12/21/2016		Conor Vienneau	LAP	
Name	Yr	School	Seed Time	Finals Time
1 Burriss, Noah	JR	Westlake High School	1:08.90	1:11.17
2 McPhee, Steven	FR	McDonough High School	NT	1:16.40
3 Arnold, Joey	SO	McDonough High School	1:24.89	1:23.78
4 Hill, Justin	SO	Westlake High School	1:28.67	1:27.30
5 Whitt, Zachary	FR	McDonough High School	1:26.55	1:27.77

Event 20 Women 100 Yard Backstroke

NPT Pool: 1:01.87 12/13/2017		Maddie Frick	HUN	
Name	Yr	School	Seed Time	Finals Time
1 Byrd-Taft, Jayme	FR	McDonough High School	1:16.44	1:19.43
2 Lyddane, Ava	SO	McDonough High School	1:28.53	1:30.99
3 Golden, Iris	JR	McDonough High School	NT	1:45.54
4 Mulrine, Mia	SO	Westlake High School	1:45.49	1:48.03
5 Urias, Daniela	SO	Westlake High School	2:17.22	2:27.30
--- Thompson, Shayna	SR	Westlake High School	2:27.80	DQ
Not on back off wall				

Event 21 Men 100 Yard Breaststroke

NPT Pool: 1:06.33 12/20/2017		Kristopher Schueller	LAP	
Name	Yr	School	Seed Time	Finals Time
1 Rapczynski, Cole	SO	McDonough High School	1:08.83	1:09.73
2 Schuyler, David	JR	Westlake High School	1:13.15	1:13.94
3 Micknick, Michael	FR	McDonough High School	1:22.19	1:27.73
4 Dunn, James	SR	Westlake High School	1:29.51	1:36.97

Event 22 Women 100 Yard Breaststroke

NPT Pool: 1:08.98 12/11/2019		Olivia Frick	HUN	
Name	Yr	School	Seed Time	Finals Time
1 Tompkins, Alexandra	JR	McDonough High School	1:08.55	1:13.09
2 Browning, Eileen	SO	McDonough High School	1:31.46	1:31.98
3 Catena, Mackenzie	SO	McDonough High School	1:39.72	1:40.27
4 Huber, Cassandra	FR	Westlake High School	1:48.01	1:50.52
5 Taylor, Ashley	SO	Westlake High School	NT	2:31.36
--- Brown, Logan	SR	Westlake High School	2:39.13	NS

Event 23 Men 400 Yard Freestyle Relay

NPT Pool: 3:32.93 12/13/2019		Leonardtown High School	LEO	
A Konecny, J Wojtowicz, H Wadsworth, Z Claus				
Team	Relay	Seed Time	Finals Time	
1 McDonough High School	A	4:32.03	4:41.21	
1) Whitten, Evan SO	2) Whitt, Zachary FR	3) Shuff, CJ SO	4) Micknick, Michael FR	
2 McDonough High School	B	NT	5:01.48	
1) Arnold, Joey SO	2) Thornton, Michael FR	3) Spell, Kevin FR	4) Mitchell, Maxwell JR	

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Event 24 Women 400 Yard Freestyle Relay

NPT Pool: 3:53.38

1/12/2018

Leonardtown High School

LEO

H Newton, K Ng, S Hotz, N Ray

Team	Relay	Seed Time	Finals Time
1 McDonough High School	A	4:50.17	5:24.24
1) Golden, Iris JR	2) McClure, Madison SO	3) Clark, Mia FR	4) Browning, Eileen SO
2 Westlake High School	A	5:39.92	6:31.10
1) Urias, Daniela SO	2) Taylor, Ashley SO	3) Mizelle-Penn, Savannah JR	4) Cole, Lauryn JR
3 McDonough High School	B	NT	6:36.33
1) Heyl, Lindsay JR	2) Bennett, Paige FR	3) Wade, Haley JR	4) Catena, Mackenzie SO
4 Westlake High School	B	NT	8:24.28
1) Longshore, Cashmere JR	2) Brown, Logan SR	3) Cole, Symone FR	4) Thompson, Shayna SR

Scores - Women

Women - Team Rankings - Through Event 24

1. McDonough High School	169	2. Westlake High School	77
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Scores - Men

Men - Team Rankings - Through Event 24

1. McDonough High School	156	2. Westlake High School	91
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