

Charles County Public Schools

Food Service Department

NOVEMBER 2009

Available everyday

Fresh Fruit
Cupped Fruit
Small Salad
100% Fruit Juice

Choice of Milk with each Meal

2% White Milk
1% Chocolate Milk

Unsweetened Cereal is available as alternate cereal at breakfast

Lunch Prices

Elementary Student Meals	\$2.05
Secondary Student Meals	\$2.30
Milk	\$.50
Adult	A La Carte

Breakfast Prices

Elementary Student Meals	\$1.15
Secondary Student Meals	\$1.30
Milk	\$.50
Adult	A La Carte

Menu is subject to change without notice.

Ground meat items may include ground beef, ground pork or ground turkey.

* **Meatless Item**

** **Protein Alternate Available**

Add money to your child's lunch account anytime with:



www.cafeprepay.com

Mon	Tue	Wed	Thu	Fri
Assorted Cereals Juice and Milk 2	Assorted Cereals Juice and Milk 3	French Toast Sticks Juice and Milk 4	Schools Closed	Assorted Cereals Juice and Milk 6
Toasted Cheese Sandwich * Cheese Pizza * Green Beans	Hot Ham and Cheese Sandwich Chicken Nuggets w/ a Roll Seasoned Corn Dessert	Corn Dogs Pizzatas Mixed Vegetables		Veggie Wrap * Cheese Pizza * Peas
Assorted Cereals Juice and Milk 9	Assorted Cereals Juice and Milk 10	Schools Closed	Assorted Cereals Juice and Milk 12	Assorted Cereals Juice and Milk 13
Max Stix w/ Sauce * Hot Dog on a Bun Oven Fries	Rib B Que on a Bun Beef and Bean Burrito Mexicali Corn Dessert		Chicken Tenders w/ Roll Hamburger on a Bun Oven Fries Dessert	Fish Nuggets w/ Mac and Cheese Cheese Pizza * Potato Rounds
Assorted Cereals Juice and Milk 16	Assorted Cereals Juice and Milk 17	Waffle Sticks Juice and Milk 18	Assorted Cereals Juice and Milk 19	Assorted Cereals Juice and Milk 20
Sloppy Joe on a Bun Cheese Pizza * Carrots	Pork Patty on a Bun Turkey Wrap Oven Fries Dessert	Ham and Cheese Croissant Fiestada Steamed Peas	Rotini w/wo Meatballs ** served w/ a Roll Chicken and Cheese Quesadillas Green Beans and Dessert	Cheese Pizza * Toasted Cheese Sandwich * Peas and Carrots
Assorted Cereals Juice and Milk 23	Assorted Cereals Juice and Milk 24	Schools Closed	Schools Closed	Schools Closed
Pizzatas Chicken Patty on a Bun Potato Rounds	Cheese Steak Sandwich Asian Chicken w/ Rice Peas Dessert			
Assorted Cereals Juice and Milk 30	Assorted Cereals Dec 1 Juice and Milk	Dec 2 Sausage Pancake on a Stick, Juice and Milk	Assorted Cereals Dec 3 Juice and Milk	Assorted Cereals Dec 4 Juice and Milk
Chicken Nuggets w/ Roll Max Stix w/ Sauce * Mixed Vegetables	Turkey Sub Sandwich Salisbury Steak w/ Gravy Whipped Potatoes Dessert	Tuna Salad Sandwich Cheese Pizza * Steamed Green Beans	Spaghetti w/wo Meat Sauce and a Roll ** Chicken Patty on a Bun Corn Dessert	Crunchy Fish Sandwich Chicken and Cheese Quesadillas Oven Fries