

Counselor's Corner

The official School Counseling newsletter of Mt. Hope/Nanjemoy

Safety First

TIPS for TRICK or TREATING

- Children should go out during daylight hours only unless accompanied by a responsible adult.
- Let your children know not to cut through back alleys and fields. Stay in well lighted areas.
- Stop only at familiar houses in your own neighborhood unless accompanied by an adult.
- Small children should never be allowed to go out alone on Halloween. Make sure an older sibling or adult is with them.
- Instruct your children not to eat any treats until they bring them home to be examined.
- Instruct your child to never go into the home of a stranger or get into their car.
- Make sure your child carries a flashlight to make them more visible to cars.
- Let them know that they should stay together as a group if going without an adult.

*Excerpt taken from the website <http://www.halloween-safety.com/>; please visit it for more informative safety tips.

Bee Word of the Month



Weekly Buzz Words

- Dependable
- Commitment
- Responsible in job of school
- Responsible for Actions

RED RIBBON WEEK

October 23rd - 31st

- Monday Wear a **red ribbon** day (given at school)
- Tuesday Drugs **don't match up** day (wear mismatched clothing)
- Wednesday Drugs give you the **blues** day (wear something blue)
- Thursday Don't let drugs **turn you out** day (wear clothing inside out)
- Friday Put a **CAP** on drugs day (wear a hat)

Volume 2, Issue 3
October 2009



I believe . . .

I can learn

I can achieve

I am a winner!

Collette Smith
School Counselor

9275 Ironsides Road
Nanjemoy, MD 20662

Office 301-753-1761
Fax 301-246-9453

Website
Email: crsmith@ccboe.com

Promote The Fact That...
Most high school students choose not to drink alcohol or use other drugs!