

# November 2009 Newsletter



Thursday,  
November 5, 2009

Volume 6, Issue 3

## Principal's Message.....

Indian Head Elementary School will join the National Education Association (NEA) and thousands of schools nationwide in celebrating the 88th annual American Education Week from November 15-21, 2009. As part of the celebration, we will be organizing, "Invite Parents to School Day" on Tuesday, November 17, 2009, to provide you with a firsthand look at what the school day is like for your child. This initiative is designed to give you, the parent a hands-on experience of what the day is like for your child. In addition, our Parent Center will be available for parents to tour.

As the principal of Indian Head Elementary School, I support the belief of "Great Public Schools: A Basic Right and Our Responsibility." I am dedicated to leading our school in a positive and health direction. I want Indian Head Elementary School to be a safe learning environment where students work hard at learning, behave positively towards their peers and adults, and thrive to be better students. Education is so valuable and a school should be a comfortable place where teachers and students interact to achieve a goal of successful learning.

Our Invite Parents to School Day will include a wide range of activities for parents to participate in their child's classroom. We encourage you to participate in this important day.

I would like to extend my best wishes for a peaceful and happy Thanksgiving to all of our Indian Head school community.

Warmest regards,

Toni C. Melton-Trainor  
Principal



## November

- 3 PTO Meeting 6 p.m.
- 5 Parent & Teacher Conference Day  
No school for students
- 6 Big Event  
PTO Sock Hop 6:00-8:00 p.m.
- 7 IHES Tailgate IH Braves Game—Ruth B. Swann Park 11:30-1:30
- 10 1st Quarter Awards Assemblies  
9:30-10:15 PK-Gr. 2  
11:00 Terrific Three's  
2:30-3:15 Gr. 3-5
- 11 Veteran's Day/American Freedom Day
- 12 Claire's Gourmet Pick-up 4:30-7:00 p.m.
- 13 American Freedom Day Celebration 10-11
- 16-20 CoGat Assessment for Gr. 2 & 5
- 17 Individual Picture (Re-take)
- 18 Title I—Parenting Tool Kit: **"What Kids Need to Succeed in School"** at LaPlata H.S. 6:30-8:30
- 19 County First Bank Art Awards 6:45 p.m. Neal E.S.
- 20 Three's Field Trip to Giant Food 10:30-12:30  
Gr. 4 Field Trip to St. Mary's City
- 25-27 Thanksgiving Holiday

## December

- 1 PTO Meeting 6 p.m.
- 2 2 HR. Early Dismissal
- 4 PTO Parent Night Out—6:00—8:00 p.m.
- 7 Interims issued
- 8 IH Town Tree Lighting Ceremony 7 p.m.
- 11 Gr. 3 Field Trip to the Japanese Cultural Center
- 12 Robotics Competition —Leonardtown H.S.
- 16 Winter Concert 7 p.m.
- 21-Jan. 1 Winter Break

## **\*\*Counselor's Corner\*\***

Our character trait for the month of November will be compassion. The students will be learning about what being kind and thoughtful towards others means. The holiday season is fast approaching which makes it a great time to talk to your children about being kind towards others. Some ways to teach your children compassion are to show them how to be good listeners, urge them to do one kind thing for another person at least once a week, and by sharing with others. These small acts can really teach them the value of kindness. A great book to read with your children about kindness is *Big Al* by Clements. It's a story about a very unpopular fish that makes many friends by showing them kindness.

Indian Head Elementary participates in the Toys for Tots program at the Jaycee Hall in Waldorf. If you are finding that you need some extra help with Christmas presents for your children this year, please feel free to call me and ask about this great program.

As always, thank you so much for your continued support. We appreciate all that you do. If you have any questions or concerns about your child, or would like more information about Toys for Tots, please feel free to contact me by phone at 301-743-5454 or email at [vkennedy@ccboe.com](mailto:vkennedy@ccboe.com).

“Kindness gives birth to kindness” (Sophocles)



Sincerely,  
Valentina Kennedy  
School Counselor

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### **EXTRA CURRICULAR ACTIVITIES SCHEDULE**

MESA—Tuesdays 3:45-5:00 p.m.

Gr. 3 Math Team—Mondays 3:45-5:00 p.m.

Gr. 4 Math Team—Wednesdays 8:00-9:00 a.m.

Gr. 5 Math Team—Wednesdays 8:00-9:00 a.m.

Gr. 4 Robotics—Tuesdays & Thursdays 4:00-5:00 p.m.

Gr. 5 Robotics—Thursdays 4:00-5:00 p.m.

Just Say No Club—(monthly early dismissal days beginning Sept. 30th at 2:00 –2:45 p.m.)

DI—TBA

\* Days are subject to change. Please see newsletters from team coaches.

# Hello from Nurse Rita



The flu season is here. It is important to get both the seasonal flu and H1N1 (swine) flu vaccines. Both of them are available in the mist or shot form. The Charles County Health Department has sent up clinics which I have listed below. It is important to prevent the flu by washing your hands, covering your cough, avoid touching your eyes, nose and mouth, and avoid contact with others who are sick.

H1N1 (swine) flu clinics- based on availability of the vaccine

## Public Walk-In Clinic for Priority Groups:

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>
NOV 7, 2009	CHARLES COUNTY DEPT OF HEALTH	10AM-5PM
NOV 10, 2009	THOMAS STONE HIGH SCHOOL	3PM-7PM
NOV 12, 2009	HIGDON ELEM SCHOOL	4PM-8PM
NOV 16, 2009	INDIAN HEAD PAVILLION	3PM-7PM
NOV 18, 2009	CHARLES COUNTY DEPT OF HEALTH	9AM-7PM
NOV 24, 2009	CHARLES COUNTY GOVERNMENT CENTER	3PM-7PM

Priority groups- as defined by the CDC

- Pregnant women
- Household contacts and caregivers for children younger than 6 months of age
- Healthcare and emergency personnel
- All people from 6 months of age through 24 years of age

All persons aged 25 through 64 who have health conditions associated with higher risk of medical complications from influenza

## Charles County Health Department- Seasonal Influenza Vaccine Clinics

Wed. Nov. 18, 2009 9am-6pm at the Health Dept.

Wed. Dec. 16, 2009 9am -6pm at the Health Dept.

Charles County Health Department phone number 301-609-6900

Nurse Rita

# IHES PTO Events and Happenings

## November PTO Meeting

November 3, 2009, 6 p.m. in the IHES Library  
Special Topic: Internet Parental Controls

## Fall into Fun—Fall Sock Hop

November 6, 2009, 6-8 p.m.

## Thanksgiving Food Drive

November 1-20, 2009

## December PTO Meeting

December 1, 2009, 6 p.m. in the IHES Library  
Special Topic: Safe Schools

## Parents Night Out

December 4, 2009, 4:30-7:30

## Santa Secret Shop

December 7-11, 2009

All items \$1.50

## 2009 Reggiano's Dinner and Silent Auction

Please join the IHES PTO and the Auction Committee in thanking the following businesses and individuals for their generous contributions:

**Auction Committee and Volunteers:** Carla Robinson and Season Price, **Co-Chairs:** Naseema Abernathy, Lysbeth Achilles, Kimberly Anderson, Jocelyn Denyer, Kiani Eglund, Agnes Ford, Rachael Hall, Courtney Hansen, Katie Lowry, Clara Miller, Lionel Miller, Rochelle Mitchell, Beth Phillips, Amy Smith

Reggiano's of Largo for a delicious meal, and special thanks to Lucinda Hughes, Frank Bailey and Louella Bailey.

The Town of Indian Head for the wonderful venue, decorations, plates and beverages, with thanks to Karen Williams, Bunny Sciler and Mr. Willett and his crew.

Please patronize these businesses who are supporting our school. Thanks also to all who attended this year's auction.

### INDIAN HEAD

Buddy's Liquors  
Calojero's Deli  
Charles County Auto Body  
CVS  
Dale's Smokehouse  
Flower Basket  
Garcia  
Gayan's Body Shop  
George's Ribs  
Glymont Animal Hospital  
Goodie's Sub Shop  
Grinder's Seafood  
Hilltop Salon & Tanning  
Hope You Dance  
Indian Head Senior Center  
Indian Head Service Center  
Karolyne's Tattoo  
Sparkling Habitat  
State Farm Insurance –  
Dave Dixon  
Town of Indian Head  
Up a Creek Rentals

### INDIVIDUALS

Abernathy Family  
Cindy Asiementos  
Laura Colburn  
Delores Epps  
Rebecca Hancock  
Jones Family  
Knott Family  
Lowry Family  
Yvonne McCord  
Reed Family

### WHITE PLAINS

Fun Haven Golf  
J.R. Bullock Music Salon  
Waldorf Pottery  
Willford Farms

### BRYAN'S ROAD

Art Smart Studio  
Big B Liquors  
Bryans Road Building &  
Supply  
Dollar General  
Food Lion  
Gallery Salon  
Mama Stella's  
Safeway  
Southern Maryland Martial  
Arts  
Subway

### LAPLATA

Apple Spice Junction  
Colonial Liquors  
Great Clips  
The Greene Turtle  
Halo Salon  
Heaven's Garden  
LaPlata Fitness Club  
La Tolteca  
The Lemondrop  
Longevity Studios  
Pizza Hotline  
Port Tobacco Players  
Reflections Hair Studio  
The Royal Tea Room  
Studio Three Flowers  
Target  
Texas Roadhouse  
The UPS Store  
Vino's  
WalMart

### ACCOKEEK

Accokeek Drug and  
Healthcare  
Accokeek Foundation  
Bloom  
Comics MD  
Dunkin Donuts

Giant Food  
Starbucks  
The UPS Store

### IHES

Front Office  
Kindergarten Team  
First Grade Team  
Second Grade Team  
Third Grade Team  
Fourth Grade Team  
Specials Teachers  
ILT Team

### WALDORF

AMF Waldorf  
Best Buy  
Blue Crabs  
Bob Evans  
Cakes-N-Things  
Capital Clubhouse  
Chuck E Cheese  
Cold Stone Creamery  
Edible Arrangements  
Educate & Celebrate  
Family Christian Stores  
Famous Dave's  
Fast Fix Jewelry & Watch  
Repair  
Game Over  
Global Sport Tae Kwon Do  
Gold USA  
Hard Times Café & Cue  
Heffner & Aguto Dentistry  
Home Flair - Dorothy  
Petsch  
Huntington Learning  
Center  
JW Jewelers  
Ken Dixon Honda  
Klassy Kids  
Ledo's

Lone Star  
Long and Foster –  
Louise Senires  
Long Horn  
Maggie Moo  
Mimi's Café  
My Gym  
Noodles & Company  
The Nutty Bavarian  
Olive Garden  
Panera  
PetSmart  
Photo Fever  
Picture People  
Pump It Up  
Raleys Home Furnishings  
Red Hot & Blue  
Red Lobster  
Red Robin  
The Room Store  
Sakura  
Suncoast  
Sylvan Learning Center  
TGIFridays  
Three Brothers  
Torrid  
Trade Secrets  
Wild Bird Center

### SOUTHERN MARYLAND

Advanced Pet Care  
All Fired Up –  
Paula Fleming  
Charles County Parks &  
Recreation  
Harley-Davidson  
Heart and Hands Massage  
–  
Donna Gilmore  
Longaberger Basket –  
Michelle Wetherald

Mad Science of Southern  
MD  
Mary Kay Cosmetics –  
Dee Bucci  
Michelle's Cakes  
Oncology/Hematology  
Associates  
Outback Steakhouse  
Serenity Farm  
Smith's Auto Detailing  
Surratt House  
Training by Julie  
Wentworth Nursery

### METROPOLITAN DC

Airbrush Tattoos of MD  
The Baltimore Ravens  
Blair Mansion Restaurant  
Bowie Baysox Baseball  
Club  
Crime & Punishment  
Museum  
Eleanor Drabu Jewelry  
Glitzy Glass Jewelry  
Karmic Collections  
Dale Lowery Photographs  
Luray Caverns  
Madame Tussaud's  
Zoey March Jewelry  
Medieval Times  
Mount Vernon  
Newseum  
River & Trail Outfitters  
The Shakespeare Theatre  
Co.  
Shenandoah Essentials  
Tim'x Tricks in Motion  
Unexpected Surprises Toys  
The Washington Capitals  
The Washington Nationals  
The Washington Post