

Charles County Public Schools

Food Service Department

FEBRUARY 2010

Available everyday

Fresh Fruit
Cupped Fruit
Small Salad
100% Fruit Juice

Choice of Milk with each Meal

2% White Milk
1% Chocolate Milk
Skim Milk

Unsweetened Cereal is available as alternate cereal at breakfast

Lunch Prices

Elementary Student Meals	\$2.05
Secondary Student Meals	\$2.30
Milk	\$.50
Adult	A La Carte

Breakfast Prices

Elementary Student Meals	\$1.15
Secondary Student Meals	\$1.30
Milk	\$.50
Adult	A La Carte

Menu is subject to change without notice.

Ground meat items may include ground beef, ground pork or ground turkey.

***Meatless Item**

**** Protein Alternative Available**

Add money to your child's lunch account anytime with:

www.pay4lunch.com

Mon	Tue	Wed	Thu	Fri
Assorted Cereals Juice and Milk 1	Assorted Cereals Juice and Milk 2	Waffle Sticks Juice and Milk 3	Assorted Cereals Juice and Milk 4	Schools Closed Teacher In-service Day
Max Stix w/ Sauce * Hot Dog on a Bun Oven Fries	Rib B Que on a Bun Beef and Bean Burrito Mexicali Corn Dessert	Taco Nachos w/ Salsa Lasagna Roll Ups * Green Beans	Chicken Tenders w/ Roll Hamburger on a Bun Oven Fries Dessert	
Assorted Cereals Juice and Milk 8	Assorted Cereals Juice and Milk 9	Sausage Pancake on a Stick, Juice, Milk 10	Assorted Cereals Juice and Milk 11	Assorted Cereals Juice and Milk 12
Sloppy Joe on a Bun Cheese Pizza * Carrots	Pork Patty on a Bun Turkey Wrap Oven Fries Dessert	Ham and Cheese Croissant Fiestada Steamed Peas	Rotini w/ Meatballs and a Breadstick Chicken Quesadilla Green Beans Dessert	Cheese Pizza * Toasted Cheese * Tomato Soup Peas and Carrots
Schools Closed Presidents Day	Assorted Cereals Juice and Milk 16	French Toast Sticks Juice and Milk 17	Assorted Cereals Juice and Milk 18	Assorted Cereals Juice and Milk 19
	Steak and Cheese Sandwich Asian Chicken w/ Rice Peas Dessert	BBQ on a Bun Southwest Turkey over Rice Green Beans	"Picnic Indoors Day" Hot Dog on a Bun Hamburger on a Bun French Fries	Taco Salad w/ Chips Tuna Salad Sandwich Sweet Potato Fries
Assorted Cereals Juice and Milk 22	Assorted Cereals Juice and Milk 23	Waffle Sticks Juice and Milk 24	Assorted Cereals Juice and Milk 25	Assorted Cereals Juice and Milk 26
Chicken Nuggets w/ Roll Max Sticks with Sauce * Mixed Vegetables	Turkey Sub Salisbury Steak w/ roll Whipped Potatoes Dessert	Tuna Salad Sandwich Cheese Pizza Steamed Green Beans	Spaghetti w/ Meat Sauce and a Roll Chicken Patty on a Bun Corn Dessert	Fish Sandwich w/ Cheese on a Bun Chicken and Cheese Quesadilla w/ Salsa Oven Fries
Assorted Cereals Juice and Milk Mar 1	Assorted Cereals Juice and Milk Mar 2	Egg and Cheese Wrap Juice and Milk Mar 3	Assorted Cereals Juice and Milk Mar 4	Assorted Cereals Juice and Milk Mar 5
Toasted Cheese * Pepperoni Pizza ** Green Beans	Hot Ham and Cheese Sandwich Chicken Nuggets w/ Roll Seasoned Corn Dessert	Corn Dogs Pizzas Mixed Vegetables	Chicken Egg Roll Cheeseburger on a Bun Potato Wedges Dessert	Veggie Wrap w/ Cheese Cheese Pizza Peas

Breakfast and lunch are available to all students every school day. Students who qualify for free or reduced price lunches are entitled to eat breakfast for free or at reduced price.

MMFA MENU

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turkey.*

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Mon	Tue	Wed	Thu	Fri
Breakfast Breaks Juice and Milk 1	Breakfast Breaks Juice and Milk 2	Breakfast Breaks Juice and Milk 3	Breakfast Breaks Juice and Milk 4	Schools Closed Teacher In-service Day
Max Stix w/ Sauce * Hot Dog on a Bun Oven Fries	Rib B Que on a Bun Beef and Bean Burrito Mexicali Corn Dessert	Taco Nachos w/ Salsa Lasagna Roll Ups * Green Beans	Chicken Tenders w/ Roll Hamburger on a Bun Oven Fries Dessert	
Breakfast Breaks Juice and Milk 8	Breakfast Breaks Juice and Milk 9	Breakfast Breaks Juice, Milk 10	Breakfast Breaks Juice and Milk 11	Breakfast Breaks Juice and Milk 12
Sloppy Joe on a Bun Cheese Pizza * Carrots	Pork Patty on a Bun Turkey Wrap Oven Fries Dessert	Ham and Cheese Croissant Fiestada Steamed Peas	Rotini w/ Meatballs and a Breadstick Chicken Quesadilla Green Beans Dessert	Cheese Pizza * Toasted Cheese * Tomato Soup Peas and Carrots
Schools Closed Presidents Day	Breakfast Breaks Juice and Milk 16	Breakfast Breaks Juice and Milk 17	Breakfast Breaks Juice and Milk 18	Breakfast Breaks Juice and Milk 19
	Steak and Cheese Sandwich Asian Chicken w/ Rice Peas Dessert	BBQ on a Bun Southwest Turkey over Rice Green Beans	"Picnic Indoors Day" Hot Dog on a Bun Hamburger on a Bun French Fries	Taco Salad w/ Chips Tuna Salad Sandwich Sweet Potato Fries
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Breakfast Breaks Juice and Milk Mar 1	Breakfast Breaks Juice and Milk Mar 2	Breakfast Breaks Juice and Milk Mar 3	Breakfast Breaks Juice and Milk Mar 4	Breakfast Breaks Juice and Milk Mar 5
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